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# thenewhammag

issue 300 // Summer 2014



**A super  
summer  
awaits**

**Your guide to free events,  
special insert inside**



JULY TO SEPTEMBER 2014

# CHILDREN + YOUNG PEOPLE'S GUIDE TO SUMMER IN NEWHAM

# GUIDE 2014

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Mayor of  
Newham

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Summer 2014 // **issue 300**



This is a bumper issue of the Newham Mag, bringing you the election results (p23) as well as details of who your ward councillors are. The Tour de France is coming to Newham on 7 July. We share news of how this will affect you getting

around the borough (p10).

Workplace continues to help residents into work. Turn to page 35 to find out how they could help you or your family find employment or training.

Inside this edition you will find your free summer events guide, which has details of this year's Mayor's Newham Show and the fabulous Under the Stars music nights.

Enjoy the read.

*Sir Robin Wales*  
Mayor of Newham

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**Inside this issue – SUMMER STARTS HERE** – your 16-page guide to summer events. If you didn't receive your summer guide call 020 3373 1517.

**Love Newham?** Download the free Love Newham app and report a range of environmental issues. Visit [www.newham.gov.uk/lovenewham](http://www.newham.gov.uk/lovenewham) View the *Newham Mag* online, visit [www.newham.gov.uk/mag](http://www.newham.gov.uk/mag)

## IN BRIEF //

### Changes to Taxicard scheme

The number of journeys Newham residents can make using the Taxicard scheme is changing from 312 to 144 trips per person, per year.

The decision to reduce the number of trips was made following a consultation in 2012 with those using the scheme. It means Newham Council can continue to provide support for people who are eligible for subsidised travel. Letters are being sent to all Taxicard users reminding them of the change from Friday 1 August.

For details visit **[www.newham.gov.uk/adultsocialcare](http://www.newham.gov.uk/adultsocialcare)** or call **020 8430 2000**, selecting option 8.

### Academy award

The Newham All Star Sports Academy (NASSA) was shortlisted in the Charity Awards 2014, one of the most prestigious awards programmes in the charity sector.

NASSA made the final three of the Children and Youth category for their Carry A Basketball Not A Blade initiative. NASSA founder Natasha Hart said: "It is wonderful news."

The awards were presented on Thursday 12 June at London's Grosvenor House Hotel. See how NASSA got on by visiting **[www.charityawards.co.uk](http://www.charityawards.co.uk)**

At the London Awards for Sport and Physical Activity 2014, held at the VeloPark, E20, NASSA's head coach Chris Facey was named coach of the year, while Aurimas Verbukas picked up the Volunteer of the Year award in recognition of the 30-plus hours per week he dedicates to coach NASSA players. Visit **[www.nassasports.org.uk](http://www.nassasports.org.uk)** for more details.

## Baton honour for Young Mayor

Young Mayor Jonathan Bennett played a central role when the Queen's Baton Relay arrived at Queen Elizabeth Olympic Park as part of its journey to the Commonwealth Games in Glasgow, which starts in July.

Jonathan, 16, was chosen to carry the Queen's Baton around festivities in the park that celebrated

London's sporting life. The Young Mayor took the baton into the London Aquatics Centre where a London-wide swimming championship was taking place.

The festivities featured 30 different sports and saw Olympic gold medallist rower Sir Matthew Pinsent abseiling down the ArcelorMittal Orbit with the baton.

Jonathan was selected due to his passion for working with young people, volunteering his time to voice opinions of others and getting young people involved in sport. He said: "I've done a lot of exciting things as Young Mayor and carrying the Queen's Baton was a great honour. I really enjoyed it."



Jonathan (right) with commonwealth baton bearers and boxer Barry McGuigan

## Pupils get a kick out of winning

Mayor Sir Robin Wales handed out trophies to pupils from Plaistow's Kaizen Primary School, winners of the Newham Mini-Games tournament held at West Ham United's Boleyn Ground in Upton Park.

Kaizen came out on top of 41 schools that took part in the event. They now go on to represent Newham in the London Youth Games Mini-Games mixed primary school football competition. It takes place on Thursday 3 July at Crystal Palace National Sports Centre.

Mayor Sir Robin Wales said: "Well done to all the teams who took part and good luck to Kaizen Primary School in the London final."

"Children who play a team sport are more likely to be healthier and do well in school and that's why we want every child to be a sports person. Participation in events like the Newham Mini-Games and London Youth Games can have far wider benefits than just receiving a trophy or a medal."



Sir Robin with the winning Kaizen team



## Flying the flag for England

The red and white St George's flag will fly from Old Town Hall Stratford and Newham Town Hall, East Ham, every day England play in the World Cup to support the team in Brazil.

Residents are being encouraged celebrate the World Cup by hosting their own community events. Newham Council is offering support through Let's Get the Party Started grants of £250 and up to £500 in exceptional circumstances.

Mayor Sir Robin Wales said: "We have residents with connections to every continent, but they all call England home. That's why during the World Cup, we'll be flying the St George's flag every time England plays. The World Cup is a great way of bringing people from different backgrounds together and a chance to celebrate the diversity of our neighbours."

Applications for funding from the Let's Get the Party Started scheme must be made as soon as possible. To apply visit

**[www.newham.gov.uk/letsgetthepartystarted](http://www.newham.gov.uk/letsgetthepartystarted)**



Sir Robin, Cllrs Lester Hudson, Unmesh Desai, Ian Corbett and staff from Newham Workplace with the flag

## Dispersal order for Stratford

A dispersal order has been introduced in Stratford by Newham Police, working with Newham Council, aimed at curbing anti-social behaviour.

The order means police and police community support officers can disperse groups where there are reasonable grounds for believing that their presence or

behaviour has resulted, or is likely to result, in a member of the public being harassed, intimidated, alarmed or distressed.

From now until Monday 6 October, police can disperse and exclude groups of two or more within the designated zone for up to 24-hours. People aged under 16 in the zone between 9pm and 6am can

be escorted home for their own safety. The zone includes Stratford Centre, Stratford Park and Meridian Square.

Councillor Unmesh Desai, cabinet member for crime and anti-social behaviour, said: "This is an example of excellent partnership work with the police and is good news for residents and businesses."

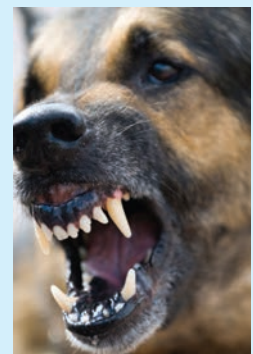
## Changes to dog control legislation

Government changes to dog control legislation are now in force, allowing the seizure of dogs which are dangerously out of control in private places.

The changes have been made to the Dangerous Dogs Act 1991 as part of the Anti-social Behaviour, Crime and Policing Act 2014. Dogs should now be kept under control in both public and private places, and a new offence has been created for a dog attacking an assistance dog (e.g. a guide dog).

The Act provides powers for a constable or an appointed local authority officer to seize a dangerously out of control dog in a private place. It also sets out specific considerations for a court deciding whether to order the destruction of a dog.

Councillor Ian Corbett, mayoral advisor for environment and leisure, said: "Residents with concerns about a dog can contact the animal welfare team who will investigate." Contact the team on **020 8586 9739** or email **[animal.welfare@newham.gov.uk](mailto:animal.welfare@newham.gov.uk)**



# Still more to be done

I was delighted that so many local residents, partners and council staff joined Newham councillors and me at our recent Annual General Meeting.

At the meeting I thanked Newham voters for putting their trust in us for the next four years to improve lives in Newham, continue to drive the borough forward and stand up for our residents.

**“The Newham way will be a stronger relationship between politicians and the local people we represent. We will work with you to create a resilient community. I’m looking forward to the next four years.”**

Talking to and meeting people during the election campaign highlighted for me that there is still so much more to be done if we are all to lead richer and fuller lives and bridge the gap that divides us from more affluent areas.

Working together as a team we can achieve something. We are committed to making Newham a better place for everyone. In particular, we will seek to give every child in Newham the best start in life,

create job opportunities, support hard working families through these tough economic times and make Newham a place where people choose to live, work and stay.

Making ends meet is a challenge we all face. Wages are at a standstill; benefits are being slashed; the cost of living is rising. But together we can be optimistic and aspirational. We will stand up for and fight for our borough.

There are five key challenges, which we must face over the next four years:

- **young people are being left behind**
- **the gap between rich and poor is growing rapidly**
- **divisive politics is on the rise**
- **trust in politicians is declining**
- **our welfare state is under attack from cuts.**

We can deal with these through resilience, our blueprint for a fairer, more

equal society. Resilience is about building the capacity of our residents, our community and our economy.

To that end, this year we will introduce Money Works. It will be a place where residents can go if they’re struggling financially or in need of affordable credit. It will bring together sustainable loans and savings products, with money and debt advice.

Our efficiency has also meant we have protected what matters to residents.

We can continue to invest in free school meals, Newham’s Every Child Programme and additional police officers.

From music and sports to reading and theatre; these free activities help equip children with the skills, experiences and confidence to achieve their full potential – the same opportunities that kids in more affluent areas get. The youngsters from Stratford’s Chobham Academy who I met at the watersports centre in the Royal



Sir Robin with Mark Hunter (bottom), Chobham school students and Cllr Ian Corbett (right)



## Mayor's view



Docks can testify to that. With our support they are amongst many receiving expert coaching from Olympic rowing champion Mark Hunter.

Newham will stand up and make sure our children do not miss out. Thanks to the efforts of our schools we've seen huge increases in GCSE results. From trailing behind the national average we are now gaining grades up there with the best.

We will continue to invest in our school buildings. I went to Scott Wilkie School in Custom House who went from 'special measures' to 'good' in their recent Ofsted Government inspection. They said the support we had given to improve the physical environment of the school had been a contributing factor.

The recent election campaign was one where some tried to sow the seeds of division. I'm proud our residents rejected that. For centuries new communities have come to the UK and settled in Newham first. Our diversity is one of our greatest strengths.

The council has a strong position on cohesion. Everyone should be treated equally and fairly, no matter what their background. I will never prioritise one group – be it religious, national or ethnic – over another. We will stand up against those who try to divide us.

We have plans to build at least 3,000 new homes for rent – and buy 500 more – with up to half offered at subsidised rents. But my ambition is for thousands more. And our employment service Workplace has already helped more than 20,000 residents get into jobs. We'll continue to invest in it.

The Newham way will be a stronger relationship between politicians and the local people we represent. We will work with you to create a resilient community. I'm looking forward to the next four years.



Sir Robin and Scott Wilkie head teacher Keri Edge and school children

## Meet the Mayor

If you would like to talk to the Mayor go along to one of his regular 'Here to Help' sessions. You don't need to book an appointment but register by attending the venue 30 minutes ahead of the advertised time.

**First Thursday of the month, 11am,  
Old Town Hall Stratford, Broadway, E15**

**Second Tuesday of the month, 9am,  
The Place, 2 Silvertown Way, E16**

**Third Tuesday of the month, 5pm,  
Newham Town Hall, Barking Road, E6**

**Fourth Saturday of the month,  
10am, The Gate, 4-20 Woodgrange  
Road, E7**

## Telephone surgeries

Call **020 8430 2000** on the second and fourth Wednesday of each month, from 9.30-10.30am, and leave your contact details. The Mayor will then phone you back at a later time.

Surgeries do not take place during August.

Please check for the latest surgery information at  
[www.newham.gov.uk/mayor](http://www.newham.gov.uk/mayor)

You can also write to:  
**The Mayor of Newham, 1000  
Dockside Road, London, E16 2QU,**  
or email [Mayor@newham.gov.uk](mailto:Mayor@newham.gov.uk)

# with Sir Robin Wales



## Are you a landlord, property developer or managing agent looking to let a property?

### No commission, no fees, no hassle.

Newham Council URGENTLY requires properties and wants to work in partnership with local landlords and managing agents to rent their properties.

### The council can offer:

- Up to £2,000 non-refundable cash incentive payment
- £200 non-refundable cash payment to hold a property
- Deposit Bond to the value of six weeks rent
- Deposit and rent in advance

### Working with the council means:

- Ongoing landlord support and advice
- Support to maintain the tenancy
- Direct rent payments
- Local housing allowance (LHA) rates paid

If you have any properties or would like to find out more about our Private Rented Sector Scheme, contact the Housing Supply team now.

**Telephone: 020 3373 1149**

**Email: [PRSupply@newham.gov.uk](mailto:PRSupply@newham.gov.uk)**

## Newham Rides 2014

**The Newham Rides are a leisurely and social way to view the scenic and architectural places of interests in Newham and beyond.**

All rides start at 10am from the View Tube on the Greenway and end around 3.30pm. Dates for 2014 include:

**Sunday 15 June • Sunday 6 July • Sunday 7 September**

All rides are free and run by volunteers.

There is no need to book. You can just turn up on the day with your bike. You can arrange in advance to hire bikes, including special needs bikes.

For further information about the Newham Rides contact Arnold Ridout, Newham Cyclists on **07958 472 771**.

For further information about cycling and cycle training email **[cycle.training@newham.gov.uk](mailto:cycle.training@newham.gov.uk)**

For information about more led rides in Newham please visit **[www.goskyride.com/london](http://www.goskyride.com/london)**





This summer holiday become a member of the Secret Agents Spy Academy. Thanks to Mayor of Newham, Sir Robin Wales, Discover Children's Story Centre in Stratford is opening its doors for free to people who live or work in Newham, so you can learn the skills of a super sleuth and enjoy a great day out.

For the fourth year in a row, Newham families with children aged under 11 can visit the popular venue for free from Monday 28 July to Wednesday 13 August, saving a family of four £16.

At the Academy, mini operatives will be given a secret mission – to stop the evil Dr Iscove stealing the pocket money of everybody on the planet using his treasure teleporting machine.

Through the exhibition, children will master surveillance techniques, unlock codes, dodge laser beams and learn how to make themselves invisible. These special skills will help them to complete their mission and recover stolen treasure.

The interactive exhibition has been specifically devised for children aged over six but younger friends and siblings are welcome.

As well as the Spy Academy, Discover also hosts an indoor story trail. Children can dress-up while exploring secret caves and sliding down a magic tower. In the outdoor Story Garden there are secret

pathways, willow tunnels and a pirate ship.

This free Discover offer supports the Mayor of Newham's Reading Guarantee as a place where children and their families can enjoy playing, learning and using their imagination to create stories together.

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#### How to get free entry

People who live or work in Newham can get unlimited free entry to Discover from Monday 28 July until Wednesday 13 August by showing a proof of address or a payslip. Visitors can book spaces on events up to a day in advance. Groups must pre-book and all adults must be accompanied by a child.

**Discover is at 383-387 High Street, E15. It is open Monday to Friday, from 10am-5pm, and at weekends during the summer holidays from 11am-5pm. Call 020 8536 5555 for details or visit [www.discover.org.uk](http://www.discover.org.uk)**

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© Tim Mitchell

# I spy free entry to Discover



# Keep on track during Tour de France

On Monday 7 July the Tour de France cycle race is being brought to the borough by the Mayor of London and Transport for London (TfL). All Newham schools will be closed on the day. With more than 200 riders and 2,000 supporting vehicles travelling through Newham, the event is expected to cause significant disruption to residents and visitors travelling in, around and out of the borough.

## The route

After making its way from Essex, the Tour de France will travel more than ten miles through Newham.

Entering from Queen Elizabeth Olympic Park (QEOP) along Warton Road, the Tour turns right into Stratford High Street. The riders will travel down West Ham Lane, past Plaistow Station and on to Greengate Street, before crossing Barking Road into Prince Regent Lane and down towards the Connaught Bridge. The riders leave the borough along Silvertown Way.

## Race timings

TfL will be closing roads from 10am on the day so that barriers can be installed to ensure the safety of riders and spectators. These will be in place for up to eight hours.

- > **1.21pm:** first publicity vehicle enters QEOP.

- > **2.55pm:** Police lead the race into QEOP.
- > **3pm:** first cyclist expected to enter QEOP.
- > **3.45pm:** estimated time that the last vehicle will leave the borough.

Roads are likely to be reopened by 6pm. Timings are subject to change.

## Road closures

**The following roads will be closed on Monday 7 July. Junctions off these roads will be either be closed or affected.**

- > **E15:** Stratford High Street, Warton Road, High Street (A118), Broadway (A118), West Ham Lane (A112), New Plaistow Road (A112), Plaistow Road (A112).
- > **E13:** High Street (A112), The Broadway (A112), Greengate Street

(A112), Prince Regent Lane (A112).

- > **E16:** Tollgate Road, Stansfeld Road, Royal Albert Way (A1020), Connaught Bridge (A1020).

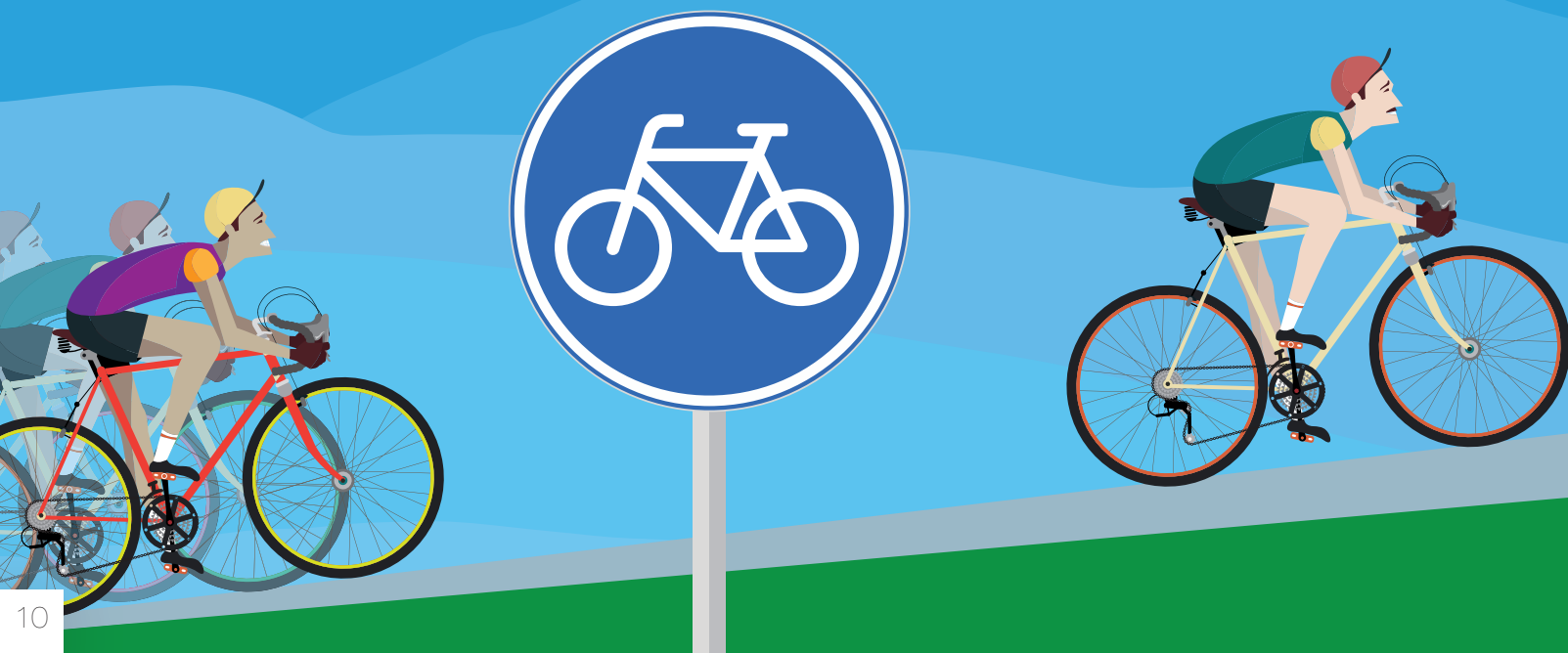
## Disruption on the day

### Vehicles

If you usually drive, try to avoid roads around the route, as diversions and delays are likely. Avoid parking on the route as vehicles will be towed away. Traffic will not be allowed to drive along or cross the route.

### Buses and trains

**Bus routes in Newham will be severely affected.** From 9.40am on Monday 7 July some bus services will not run, will be diverted or will terminate early. Train and DLR stations will be busier with extra visitors expected at Canning Town, Plaistow and Stratford stations.





## Schools

All Newham schools will be closed on Monday 7 July.

## Refuse collections

If your refuse is due to be collected on Monday it will be collected on Saturday 5 July.

## Adult social care services

If you receive adult social care support your service may be affected. You will be contacted individually if this applies to you.

## Health services

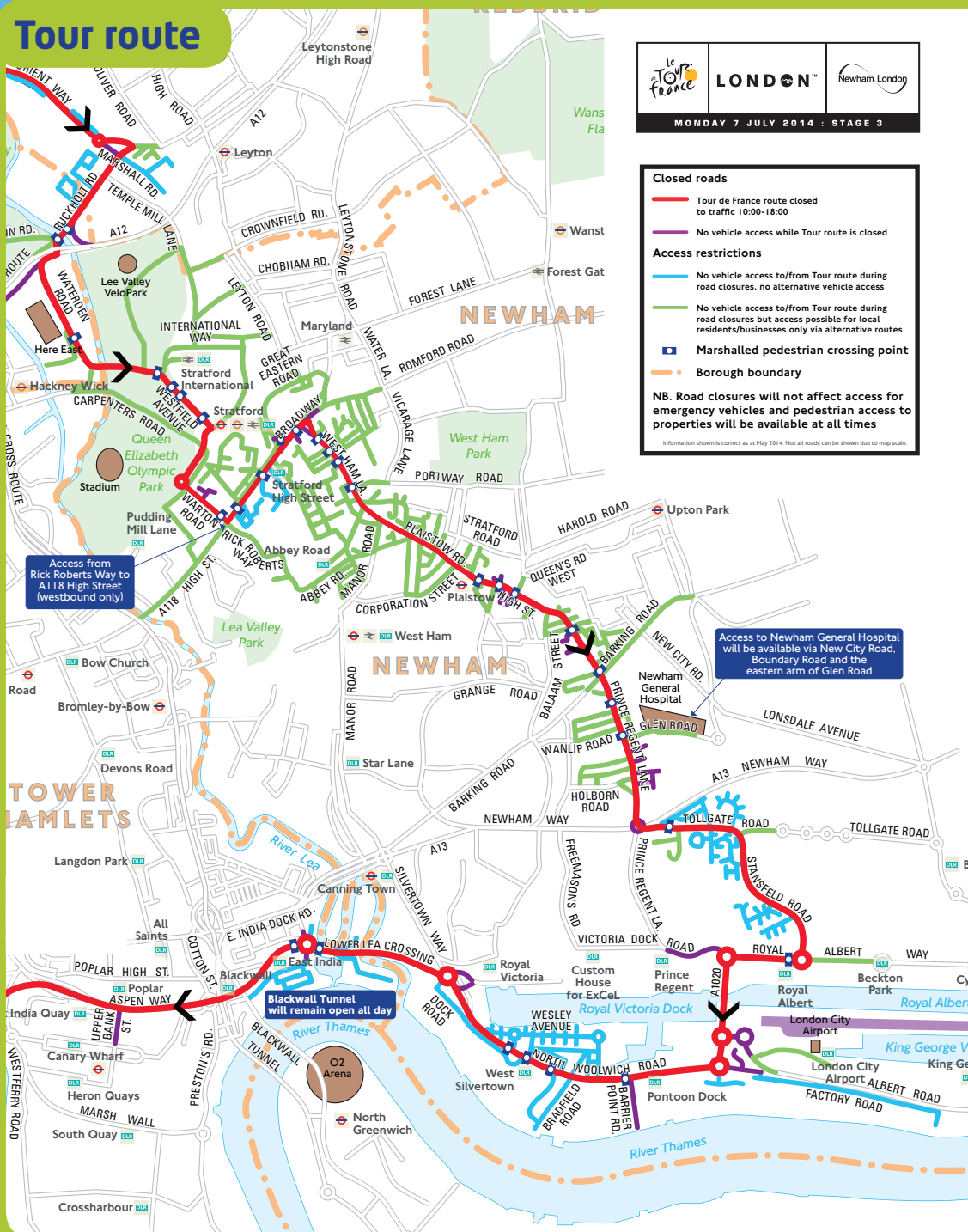
- > Reschedule dentist or doctor appointments wherever possible as many surgeries may be closed.
- > No scheduled operations will take place at Newham University Hospital on the day of the event. Accident and emergency services will still operate from the hospital. Access will be from the eastern end of Glen Road.

Newham Council wants to help residents and businesses plan ahead of the day and enjoy the event.

Four drop in sessions will take place along the route. TfL will provide residents with information about the event and plan on the day. Come along to find out more:

- > **Plaistow: Plaistow Library, North Street, E13, Monday 16 June, 11am-2pm**
- > **Royal Docks: Britannia Village Community Centre, 65 Evelyn Rd, E16, Thursday 19 June, 11am-2pm**
- > **Stratford: Old Town Hall, Broadway, E15, Monday 23 June, 4-7pm**
- > **Beckton: Beckton Globe, Kingsford Way, E6, Monday 23 June, 11am-2pm.**

## Tour route



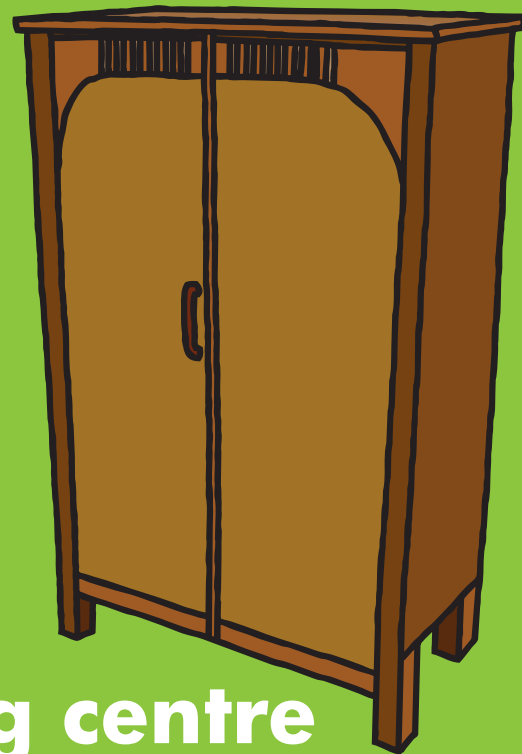
**For more information and updates visit**  
[www.newham.gov.uk/tourdefrance](http://www.newham.gov.uk/tourdefrance)

**Follow @newhamlondon on Twitter**



# Love it and leave it...

...at your nearest  
**reuse and recycling centre**



Give all those items you once loved but no longer need an opportunity to start a new life.

If you're having a clear out of items which can be reused, such as furniture, bicycles or paint, or materials which can be recycled such as wood, electrical items or scrap metal, don't throw them away - bring them to your local Reuse and Recycling Centre!

*You will need to take either a council tax bill or a driving licence with your current address as proof of residence.*

To find out more visit:

**[www.recycleforyourcommunity.com](http://www.recycleforyourcommunity.com)**

or call **0800 389 9918**





Curwen pupils with teacher Carly Tully and Jim Crick from East London RFC

# Getting ready for **Rugby World Cup 2015**

**The countdown is on. In less than 500 days England will host the Rugby World Cup 2015 (RWC2015), the third largest sporting event in the world, with an estimated global television audience of four billion.**

The tournament kicks off on Friday 18 September 2015. Spread over six weeks across 13 venues in 11 host cities, 920 players in 20 teams will compete for their countries in the hope of winning the coveted Webb Ellis Cup at Twickenham on Saturday 31 October 2015.

Newham is a host city of RWC2015. The 54,000-capacity former Olympic Stadium in Queen Elizabeth Olympic Park has matches on:

- > **Wednesday 23 September**  
– France v Romania
- > **Thursday 24 September** – New Zealand v Africa 1 Qualifier
- > **Sunday 4 October** – Ireland v Italy
- > **Wednesday 7 October** – South Africa v USA
- > **Friday 30 October** – Bronze Final

Inspired by hosting the tournament Newham Council has commissioned charity East London Community Sports Association to deliver junior rugby programmes over the next five-years. It includes offering free training to all primary schools, school holiday programmes and Sunday sessions.

Pupils from Plaistow's Curwen Primary School, one of 14 schools who have been receiving rugby training, showed their skills at East London Rugby Club in West Ham as they helped unveil the date of general release. Tickets for all 48 matches are on general sale from Friday 12 September 2014. Names will go into a ballot if games are oversubscribed.

Mayor Sir Robin Wales said: "We look forward to welcoming some of the world's top teams and their supporters to Newham next year. The choice of the former Olympic Stadium as a venue is a vote of confidence

in Newham's ability to be able to host such a global event. We will ensure as many local people as possible benefit."

**For all the latest tournament news visit [www.rugbyworldcup.com/frontrow](http://www.rugbyworldcup.com/frontrow)**

## **Free rugby sessions**

Newham Knights junior rugby club host free rugby sessions at East London Rugby Football Club, Memorial Park, Memorial Avenue, E15, every Sunday. No experience is necessary.

**The following sessions take place from 10am-12noon:**

**Minis – girls and boys age five to 11**  
**Junior – girls and boys age 12 to 17.**

For more details email [newhamknights@gmail.com](mailto:newhamknights@gmail.com)





# Talking about **regeneration**

Ten years ago Newham Council agreed long-term plans to enhance Canning Town and Custom House. A mammoth £3.7bn is being invested in the area, making it one of the largest regeneration programmes in the country. We take a look at how regeneration is changing the landscape of the East End.







Canning Town grew as an area with the opening of Royal Victoria Dock in 1855. It housed thousands of industrial workers from the docks and River Lea. The regeneration programme aims to transform the area physically, socially and economically. This will be achieved by creating a new town centre, bringing up to 5,000 new jobs and building 10,000 new homes – 35 per cent of which have been earmarked to provide homes for social rent and shared ownership.

## Hallsville Quarter

Hallsville Quarter is the name for Canning Town's new town centre. Over the next ten years, in partnership with Bouygues Development, £600m of investment will create 1,100 homes available for sale and social rent. The first 179 of these properties will be ready early next year.

The next stage of the development, which was recently granted planning permission, includes more than 340 new homes, a hotel and further retail space. Construction is set to begin later this year.

Newham Council's Workplace employment service is working with residents to ensure they have the right skills to secure work in areas including construction and retail, as jobs becomes available. A new Morrisons supermarket will also open early next year, bringing with it more than 200 jobs.

The area beside the A13 flyover has been overhauled resulting in better traffic flow, new cycling provision and improved pedestrian-links.

In memory of the popular local Olympian and boxer, Terry Spinks Place has been created to provide a traffic-free walkway between Hallsville Quarter and Rathbone Market. Last year it hosted a series of A13 Green public events, with more planned in the summer.

## Rathbone Market

In total, more than £180m is being invested in Rathbone Market.

Delivered in partnership with English Cities Fund, the cornerstone of the rejuvenation of Rathbone Market is the Vermilion development, which was completed in 2012. As well as 271 new homes, the award-winning building houses gardens and allotments, street level shops and a gym.

Fitness4Less, a low cost gym operator, is one of the latest companies to make Canning Town its home. They join opticians Specstore, and James Shoe Care, Percy Ingle bakery and Berg Pharmacy, who have all opened new shops

forming part of the Vermilion development.

Construction is well under way on Aurelia, the next phase of the Rathbone Market development. At the end of the year, the scheme will bring a further 165 homes as well as more new shops to Canning Town. There will also be a new market square, spaces for the community to use and a safer, more pleasant route to the pedestrian subway under the A13 Newham Way.

The final stage of the redevelopment will include a further 216 homes, with a communal garden and allotments at Rathbone Market, giving an overall total of more than 650 new homes.

## Transport

The area has excellent public transport links. The Jubilee Line from Canning Town Station connects to nearby Canary Wharf and central London.

The Docklands Light Railway takes travellers to the far corners of east London and beyond, as well as providing a convenient link to London City Airport, Stratford International Station and the Emirates Air Line cable car.

Links across London will be further improved with the arrival of Crossrail at Custom House in 2018.

## Fife Road

As part of the Fife Road redevelopment, being delivered in partnership with Countryside Properties, Keir Hardie Primary School is being rebuilt to increase its intake to 420.

As well as state-of-the-art learning, the school has a multi-purpose rooftop garden with a running track and educational weather centre. This stage of the development includes 139 new homes; overall it will create up to 649 new homes by 2018.



To keep up-to-date with regeneration in Canning Town and Custom House visit [www.newham.gov.uk/ctch](http://www.newham.gov.uk/ctch)

To register for employment and training visit [www.newhamworkplace.co.uk](http://www.newhamworkplace.co.uk)



# Well heeled

A massive £3.7bn investment is taking place in Custom House and Canning Town. The James brothers see the positive changes taking place. They have secured a prime position for their business, in a new retail unit in the Vermilion development in Barking Road, in what will soon be Newham's latest shopping district.

The James family has had a business in Canning Town for more than 100 years.

What began as a shoe repair service has today branched out into dry cleaning, key cutting, engraving and watch repairs.

The legacy began when their granddad, who worked as a shoe repairer, married his employer's daughter and took over the shop in Exning Road. David explained:

"Years ago, this work was typically undertaken by disabled people, as it was generally a sit down job. He had lost a leg when he was young."

Their father continued the family trade with a shop in Fife Road, until 1971 when the trend for cheap, plastic shoes forced its closure. With a young family to support, he began working at Ford and used his lunch breaks to approach small shops offering a shoe repair service. Andrew said: "Our father had a workshop in the garage. We'd come home from school and work until the job was done, often to 9pm."


After leaving school, Andrew became a mechanic and David erected fences. When one of the shops their dad served became

available they decided to club together and take it over. Their timing couldn't have been better.

In the mid '70s the stiletto became fashionable and people started wearing 'proper' shoes again. Business boomed. Before long they decided to return to Canning Town, namely Rathbone Market. Andrew said: "We moved back to an area that our family had been in for generations, but the trade had changed. We brought in new machinery and the 'while you wait' concept.

"On our first day we took more than we had all week at our other shop. In the '80s, Rathbone Market was so busy, you couldn't move on Friday or Saturday. We always had a queue out the door. We did





**When Rathbone Market in Canning Town was identified for redevelopment many considered it to be the end of an era. For brothers Andrew and David James, owners of James Shoe Care, it heralded the beginning of a new one.**

so well, within a year we opened four other branches including one in Upton Park. Then at the end of the '80s it bottomed again."

Business was challenging during the recession, but a new dawn was on the horizon. Andrew said: "In the '90s we saw what was happening in the City and opened branches in Canary Wharf and Fleet Street. We've always been forward thinking and we're always investing in our company. During the era of the throwaway shoe, key cutting was introduced, followed by engraving and watch repairs. We're not sitting still. We're always moving with the times."

Today the brothers co-own nine branches, including Canning Town, which is one of two franchises. Andrew said:

"We've been here a long time, we've got history here. When we had to leave our unit, because of the regeneration, we thought should we stay or should we go? But we're staying. There's massive change happening here. Once Morrisons opens and the new shops are filled, this will be a very different place."

The James brothers have embraced change and used it as an opportunity to re-establish their business in an area they feel has great prospects.

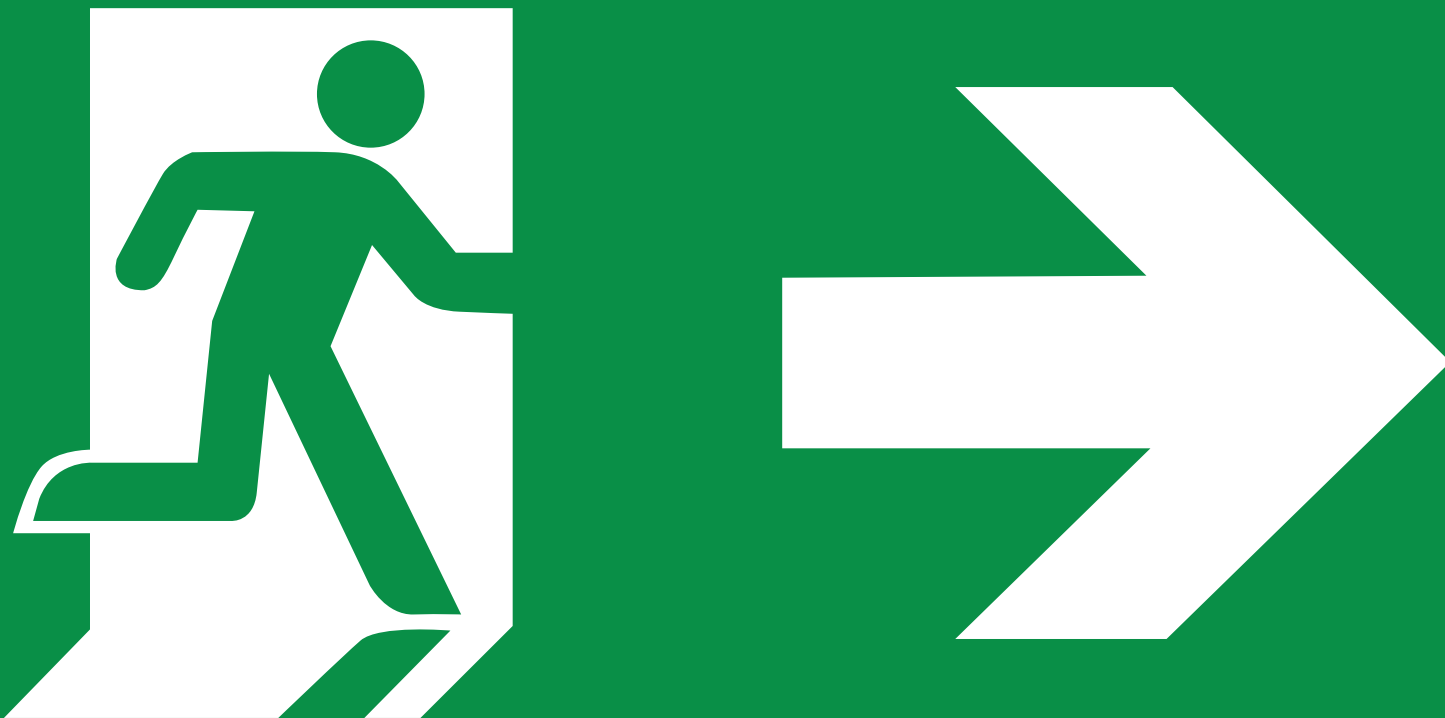
David said: "Time moves on. Canning Town is becoming a city area. We're proof it can work. Some of the businesses here are doing very well. You can't live in the past, you have got to move on. If you don't get

on the wagon you'll miss it."

**Read more about the regeneration of Canning Town and Custom House on pages 14 and 15.**

**Money off at  
James Shoe Care**

**Show this copy of the Newham Mag at James Shoe Care, 32a Barking Road, E16, and receive ten per cent off shoe repairs and dry cleaning. Offer valid until 31 August 2014. To find out more visit [www.jamesshoecare.co.uk](http://www.jamesshoecare.co.uk)**



# A fire escape plan could save your life

**Would you know what to do if there was a fire in your home? The London Fire Brigade (LFB) is encouraging residents to have a clear escape plan in case a fire breaks out.**

Every household should have an escape plan. It is important to prepare it in advance so there is no delay if it has to be put into action.

You and those you live with should know how to escape from each room in your home if there was a fire. Consider what to do if doors or stairways are blocked. Ask members of your household if they know where the keys to the windows and doors are kept. If you have young children or someone has a mobility issue, think about the order that you would escape in, and discuss this together.

Ensure that your escape routes are practical. Identify a room (ideally with a phone) that you could all stay in if

you cannot leave.

If you live in a flat, block or any home that has a communal area, it is also important to make sure that all escape routes, staircases, corridors and balconies are kept clutter free. As well as being a general health and safety hazard, they could prevent you from leaving your home in an emergency. Also consider obstacles which might block an escape route inside your home, like a bike in the hallway.

LFB borough commander for Newham, Wayne Brown said: "Living in a flat is not more dangerous than living in a house, but your fire plan should be different. Flats and maisonettes are built to give you 30-60

minutes protection from fire. If there is a fire elsewhere in the building, but not inside your home, you're usually safer staying in your flat unless heat or smoke is affecting you."

To find out how to create your own escape plan, and for more fire prevention tips, visit **[www.knowtheplan.co.uk](http://www.knowtheplan.co.uk)**

## **Free fire alarms**

The London Fire Brigade offers free fire safety visits where they check fire hazards in your home, suggest improvements and install fire alarms for free, where needed. Call freephone **0800 028 4428** or visit **[www.london-fire.gov.uk](http://www.london-fire.gov.uk)** for more information.



# Get yourself **connected**

**There are many ways to book and find out about the services that are provided to you by Newham Council, but the cheapest, fastest and most convenient way is via the web. Just visit [www.newham.gov.uk](http://www.newham.gov.uk)**

You can book services, report issues, find out about the latest news, events or activities and attractions in Newham when you go online. You can book free bulky waste collections or pay bills, and you can do it all at a time that suits you if you do it online.

Our new, revamped website has a range of services that you can access quickly and conveniently from home using your personal computer, laptop or smart phone. Register once and get a personalised dashboard where you can track all your interactions with the council. All you have to do is sign up to My Newham at [www.newham.gov.uk](http://www.newham.gov.uk)

If you follow us on Twitter **@NewhamLondon** you can get all the latest news, exclusive special offers and prize draws as well as key information such as road closures and service changes like rubbish collection dates around bank holidays.

On Facebook, if you like our **Newham Events** page you can get instant updates about our free shows, summer events programme and the hundreds of

community get togethers that take place in Newham each year.

If you missed them, you can find edited highlights of events like Under the Stars or the Waterfront Festival, or see on our Youtube channel at [www.youtube.com/LBNewham](http://www.youtube.com/LBNewham) and how some of Newham's new landmark buildings were constructed.

At **newham.com** you will find everything that you need to get the best out of the Newham lifestyle. If you're looking for the latest show, exciting places to go, or where to find the best bargain visit [www.newham.com](http://www.newham.com)

To report problems such as flytipping, litter and graffiti, the free **Love Newham** app can be downloaded onto any mobile smart phone or tablet. It ensures complaints go directly to the right department to deal with.

And don't forget, if you haven't got a computer at home, all our libraries have self-service booths and free internet access so you can enjoy interacting with the council for free.

Apply for services and make payments quickly and easily online [www.newham.gov.uk/mynewham](http://www.newham.gov.uk/mynewham)

Hundreds of services – one website. Visit [www.newham.gov.uk](http://www.newham.gov.uk)

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[www.newham.com](http://www.newham.com)

Report problems with the free Love Newham app  
[www.newham.gov.uk/lovenewham](http://www.newham.gov.uk/lovenewham)



# Are you recy

**Thousands of residents are regularly doing their bit for the environment, saving waste from landfill by using their orange bins or bags to recycle their paper, plastic bottles and cans. The efforts of the majority are being rubbished by a few who, knowingly or unknowingly, are recycling wrong.**

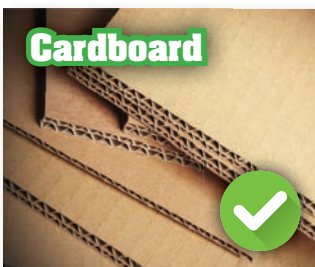
Dirty nappies and sanitary items, electrical goods and even syringes have been ruining trucks of recycling, resulting in waste being sent to landfill and spoiling the efforts of dedicated recyclers.

## RECYCLING RIGHTS

**Paper**



**Cardboard**



**Tins**



**Cans**



**Plastic bottles**



Please rinse plastic bottles, tins and cans before recycling them. Please don't use black bags to hold recycling waste. If you can, take glass bottles and jars to your nearest recycling bank or dispose of glass in your household waste.

## RECYCLING WRONGS

**Pots and tubs**



**Food waste**



**Paint tins and tubs**



**Nappies**



**Always** place these items into your rubbish bin.



# ycling right?

## What happens to your waste?

Have you ever considered what happens to your rubbish once it leaves your house and goes into the bin? We all imagine truckloads of waste being thrown into a landfill site but, in Newham, collecting your rubbish is just the beginning.



Recycling is collected from your home



It is taken to Jenkins Lane and fed into a conveyor belt



Recycling is mechanically separated and any contaminated items are removed



Black bag waste is processed at a mechanical-biological treatment (MBT) centre which diverts waste from landfill and turns rubbish into fuel.



Recycling waste is compressed into bales ready to be recycled



Non recyclable items and contaminated waste is separated by hand

## A rubbish effort

Just a few non-recyclable items can contaminate an entire truckload of recycling. Ian Hurst, senior operations manager at Beckton's Jenkins Lane sorting plant, said: "Every week, we process 250 tonnes of mixed recycling to ensure as much waste as possible is diverted from landfill. All too often we come across materials that should never have been placed in recycling bins or bags. This has included syringes, soiled nappies, tyres and electrical items. This not only contaminates the recycling stream, meaning a truckload of waste which should have been recycled could end up in landfill, but it is also extremely hazardous for staff who hand sort waste, and in some cases has caused injury."

## Did you know?

Have you ever seen a road surface sparkle in the sunshine? Glass bottles thrown in with household waste are separated at the local treatment plant, crushed and mixed with other material to create road surfacing material – another way waste is diverted from landfill.

## Recycle right

When it comes to putting things in the recycling bin, if you're in doubt, leave it out or it could end up contaminating tonnes of material intended to be recycled.

**Never put any food, nappies or needles in your recycling bin.** Some recycling is hand sorted and these items are dangerous to staff.

For more information visit [www.newham.gov.uk/recycling](http://www.newham.gov.uk/recycling)

# Do you live in Newham and want to teach a musical instrument?

The Mayor of Newham offers a ground-breaking programme called Newham's Every Child a Musician, which provides free music tuition in schools to children aged nine to 12. As part of the programme, Newham Council helps talented local musicians to become music tutors through our Local Tutor Training Programme.

> Can you play an orchestral instrument, the guitar or keyboard to a high standard?

> Do you want to develop your teaching skills and experience so that you can become a music tutor?

If the answer is yes, then the **FREE** part-time Local Tutor Training Programme could provide you with a pathway to rewarding employment opportunities.

The next course runs from **September 2014 – December 2014** and involves whole day workshops taking place on a monthly basis. For more information about course content, application and interview dates, call **020 3373 1331** or email **ecam.tutor@newham.gov.uk**

Mayor of  
Newham



# Attention parents!

## Free early education for two-year-olds

Newham London



Your child may  
be entitled to up to  
15 hours of free early  
education per week

Find out if you are eligible  
visit [www.newham.gov.uk/twoyearold](http://www.newham.gov.uk/twoyearold)  
call **020 3373 0980**



# An account of the count – elections in pictures



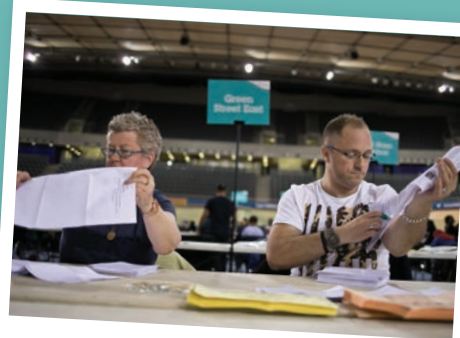
On Thursday 22 May, residents across Newham let their feet do the talking and headed to one of 126 polling stations in the borough to take part in Mayoral, local councillor and European elections. Here's a snapshot of what happened on the day.



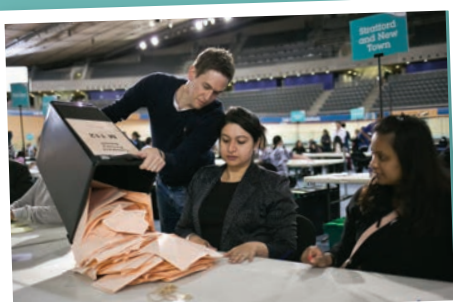
7am: Residents head to their allotted polling station. More than 173,000 Newham residents registered to take part in this year's election.



At 10pm: Polling stations closed. Ballot boxes were collected and taken to the count centre, Lee Valley VeloPark, for verification.



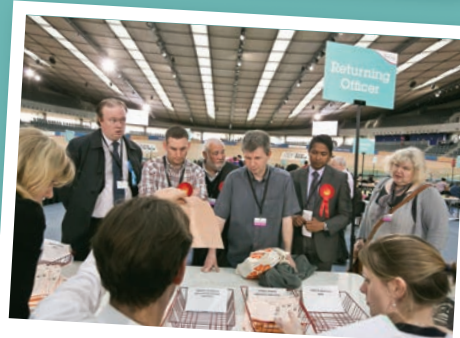
All postal votes are processed.



Ballot papers from polling stations are verified, which finishes at 5am.



Friday 23 May: Count staff gather and begin counting votes at 9am.



Candidates observe the adjudication process.



Data is electronically recorded in advance of the declaration of results.



Sir Robin Wales, Labour candidate, is declared Mayor of Newham.



Candidates gather to hear the results, declared by returning officer Kim Bromley-Derry.



Supporters celebrate the results.

Want to know more? Visit [www.newham.gov.uk/election](http://www.newham.gov.uk/election) for full results.

# Selections from the election: results 2014



Newham went to the polls on Thursday 22 May with elections for Mayor, local councillors and who represents the borough in the European Parliament.



Sir Robin Wales (above) was returned as Mayor of Newham in the election that more than 173,000 registered to take part in.

In a landslide victory, Sir Robin received more than three times as many votes as his closest rival and around ten times as many votes as the candidate in third place.

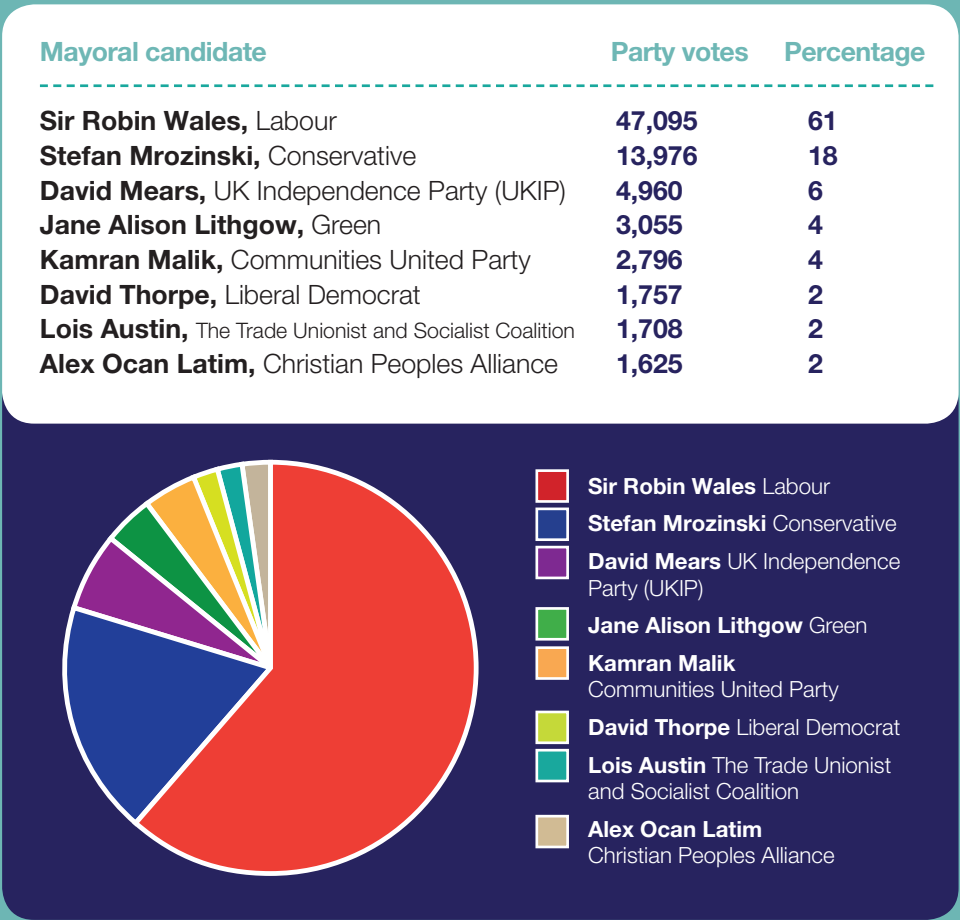
Amid cheers and applause Sir Robin took to the podium after the election count at Lee Valley VeloPark in Queen Elizabeth Olympic Park to accept his fourth consecutive term as Mayor of Newham. He said: “We fought this election on a positive vision of the future and our record of success including helping 20,000 residents into work, providing free school meals for every primary child and freezing Council Tax for six years in a row.

“I want to thank the people of Newham for putting their trust in me to be their Mayor for the next four years.”

As well as topping the poll in Newham, Sir Robin received more votes than any other directly elected Mayor in London – and the highest percentage of votes of any of London’s directly elected Mayors.

## Newham’s turnout

The 2014 Mayoral election saw a turnout of 40.62 per cent, which is considered high for a non-general election year and was above the UK average.



## Role of the Mayor

Newham was amongst the first boroughs to appoint a directly elected mayor. The Mayor leads the council and is responsible for most of the executive decisions. He is supported by a Cabinet and team of mayoral advisers, who are elected councillors. The public are welcome to attend council meetings. These are listed on page 58 and can be found by visiting [www.newham.gov.uk/councilmeetings](http://www.newham.gov.uk/councilmeetings). For further information call 020 8430 2000.

Newham’s Mayor is directly accountable to you. If you have a question, comment or concern that you think the Mayor may be able to assist with you can speak to him over the phone or in person at one of his regular surgeries. Turn to page 7 to find out more.



## Local councillor elections

On Thursday 22 May more than 4,000 local councillors were elected in 161 councils in England, including all 32 London borough councils.

This year, Newham's local council elections had a turnout of 40 per cent, higher than the 2014 London average of 38.45 per cent.

In Newham the Labour Party had a 100 per cent victory, taking all 60 seats.



Councillors celebrate at the election count

### Councillor results by Party

Councillor results by Party	Seats won	Percentage of votes
<b>Labour</b>	<b>60</b>	<b>66</b>
<b>Conservative</b>	<b>0</b>	<b>24</b>
<b>Christian Peoples Alliance</b>	<b>0</b>	<b>5</b>
<b>Liberal Democrat</b>	<b>0</b>	<b>2</b>
<b>UK Independence Party (UKIP)</b>	<b>0</b>	<b>2</b>
<b>The Trade Unionist and Socialist Coalition</b>	<b>0</b>	<b>&lt;1</b>
<b>Green</b>	<b>0</b>	<b>&lt;1</b>
<b>Independent</b>	<b>0</b>	<b>&lt;1</b>
<b>The Communist Party</b>	<b>0</b>	<b>&lt;1</b>
<b>Communities United Party</b>	<b>0</b>	<b>&lt;1</b>

Turn to page 26 for details of your local councillor and how you can contact them.

## European elections

Newham residents also voted for their Member of the European Parliament (MEP). At 43.63 per cent, Newham's turnout for the European Parliamentary election was slightly higher than the European average and significantly higher than the UK turnout.

In Newham the results in the European parliamentary election were:

### Name of Party

Name of Party	Total votes
<b>Labour Party</b>	<b>43,582</b>
<b>Conservative Party</b>	<b>12,398</b>
<b>UK Independence Party (UKIP)</b>	<b>6,216</b>
<b>Green Party</b>	<b>3,449</b>
<b>Christian Peoples Alliance</b>	<b>1,449</b>
<b>Liberal Democrats</b>	<b>1,423</b>
<b>Communities United Party</b>	<b>1,124</b>
<b>An Independence from Europe</b>	<b>1,005</b>
<b>4 Freedoms Party (UK EPP)</b>	<b>889</b>
<b>British National Party</b>	<b>729</b>
<b>National Health Action Party</b>	<b>557</b>
<b>Animal Welfare Party</b>	<b>502</b>
<b>Europeans Party</b>	<b>432</b>
<b>National Liberal Party - True Liberalism</b>	<b>335</b>
<b>English Democrats</b>	<b>249</b>
<b>NO2EU</b>	<b>159</b>
<b>Harmony Party</b>	<b>67</b>

To find out who your MEPs for London are, and for more detail on the 2014 election, visit [www.newham.gov.uk/electionresults](http://www.newham.gov.uk/electionresults)

# Meet your councillors

## At Newham Council's Annual General Meeting (AGM), Mayor Sir Robin Wales pledged that Newham's councillors will be at the heart of change for good across the borough.

Newham has 60 councillors who are democratically elected by residents who live in the borough's 20 wards. Each councillor is accountable to residents in their appointed ward and represents their views and interests to the wider council.

If you have a comment, suggestion or complaint about the how council makes decisions or delivers your services you can speak to your councillor for advice.

Councillors hold regular surgeries in each ward in local buildings. You can meet and speak to your councillors about issues that matter to you in your neighbourhood or find out what's happening in the wider community.

At the AGM Sir Robin outlined how the council is establishing community hubs at the heart of each community forum area. These dedicated teams, led by local councillors, will strengthen the local networks that are so important for community resilience.

Sir Robin said: "Local people know exactly what needs to happen to improve their area, so we will not be trying to second guess them. We will make sure we are delivering exactly what people want and local councillors will be at the heart of community action and improvement. That is how we will show the power of democracy and build trust and respect."

If you're not sure who your councillor is go online to [www.newham.gov.uk/councillor](http://www.newham.gov.uk/councillor)



### BECKTON WARD SURGERY TIMES



Cllr Ayesha Chowdhury  
Labour



Saturdays, 10-11am  
*Beckton Library,*  
1 Kingsford Wy Beckton, E6.

**Ayesha.Chowdhury@  
newham.gov.uk**  
**David.Christie@  
newham.gov.uk**  
**Alec.Kellaway@  
newham.gov.uk**



Cllr David Christie  
Labour



Cllr Alec Kellaway  
Labour

### BOLEYN WARD SURGERY TIMES



Cllr Charity Fiberesima  
Labour



Fridays, 6-7pm  
*Priory Park Centre,*  
Parr Rd, E6.

**Charity.Fiberesima@  
newham.gov.uk**  
**Obaid.Khan@newham.gov.uk**  
**Harvinder.Virdee@  
newham.gov.uk**



Cllr Obaid Khan  
Labour



Cllr Harvinder Singh Virdee  
Labour



#### CANNING TOWN NORTH WARD SURGERY TIMES



Cllr Rev Canon Ann Easter  
Labour



Saturdays, 10-11am  
*Canning Town Library,*  
Barking Rd, E16.  
**Ann.Easter@newham.gov.uk**  
**Kay.Scoresby@**  
**newham.gov.uk**



Cllr Clive Furness  
Labour



Cllr Kay Scoresby  
Labour

1st and 3rd Friday of the month  
*Helping Hands,*  
42 Balaam St, E13.  
**Clive.Furness@**  
**newham.gov.uk**

#### CANNING TOWN SOUTH WARD SURGERY TIMES



Cllr Bryan Collier  
Labour



2nd and 4th Monday of the  
month, 11am-12noon  
**Bryan.Collier@newham.gov.uk**  
2nd Thursday of the month,  
6-9pm  
**Sheila.Thomas@**  
**newham.gov.uk**  
1st and 3rd Thursday of the  
month, 6-7.30pm  
**Alan.Griffiths@newham.gov.uk**  
*Canning Town Library,*  
Barking Rd, E16.



Cllr Alan Griffiths  
Labour



Cllr Sheila Thomas  
Labour

#### CUSTOM HOUSE WARD SURGERY TIMES



Cllr Rokhsana Fiaz  
Labour



2nd Saturday of month, 10-11am  
**Rokhsana.Fiaz@**  
**newham.gov.uk**  
1st Saturday of month, 10-11am  
**Patricia.Holland@**  
**newham.gov.uk**



Cllr Patricia Holland  
Labour



Cllr Conor McAuley  
Labour

3rd Saturday of month, 10-11am  
**Conor.McAuley@**  
**newham.gov.uk**  
*Custom House Library,*  
Prince Regent Ln, E16.

#### EAST HAM CENTRAL WARD SURGERY TIMES



Cllr Ian Corbett  
Labour



Fridays, 6-7pm  
*East Ham Town Hall*  
Barking Rd, E6.  
**Ian.Corbett@newham.gov.uk**  
**Unmesh.Desai@**  
**newham.gov.uk**  
1st Saturday of month, 10-11am  
*East Ham Customer Service*  
*Centre and Library,*  
Barking Rd, E6.  
**Julianne.Marriott@**  
**newham.gov.uk**



Cllr Unmesh Desai  
Labour



Cllr Julianne Marriott  
Labour

#### EAST HAM NORTH WARD SURGERY TIMES



Cllr Zuber Gulamussen  
Labour



Fridays, 5-6pm  
*The Trinity Centre,*  
East Ave, E12.  
**Zuber.Gulamussen@**  
**newham.gov.uk**  
**Firoza.Nekiwala@**  
**newham.gov.uk**  
**Paul.Sathianesan@**  
**newham.gov.uk**



Cllr Firoza Ahmed Nekiwala  
Labour



Cllr Paul Sathianesan  
Labour

#### EAST HAM SOUTH WARD SURGERY TIMES



Cllr Susan Ruth Masters  
Labour



1st and 3rd Saturday of the month  
10-11.15am  
*Brampton Manor Academy,*  
Roman Rd, E6.  
**Susan.Masters@**  
**newham.gov.uk**  
Every Saturday, 10-11am,  
*Vicarage School*  
Vicarage Ln, E6.  
**Quintin.Peppiatt@**  
**newham.gov.uk**  
**Lakmini.Shah@**  
**newham.gov.uk**



Cllr Rev. Quintin Peppiatt  
Labour



Cllr Lakmini Shah  
Labour

# Meet your councillors

## FOREST GATE NORTH WARD SURGERY TIMES



Saturdays, 10.30-11.30am

*The Gate,*  
6-8 Woodgrange Rd, E7.

**Seyi.Akiwowo@**  
**newham.gov.uk**

**Ellie.Robinson@**  
**newham.gov.uk**

**Rachel.Tripp@**  
**newham.gov.uk**



## FOREST GATE SOUTH WARD SURGERY TIMES



Saturdays, 10.30-11.30am

*The Gate,*  
6-8 Woodgrange Rd, E7.

**Mas.Patel@newham.gov.uk**

**Winston.Vaughan@**  
**newham.gov.uk**

**Dianne.Walls@**  
**newham.gov.uk**



## GREEN STREET EAST WARD SURGERY TIMES



1st and 3rd Saturday of the  
month, *Green Street Library,*  
Green St, E13.

**Jose.Alexander@**  
**newham.gov.uk**

2nd and 4th Saturday of the  
month, 10-12noon

**Mukesh.Patel@**  
**newham.gov.uk**

1st and 3rd Friday of the month,  
10am-12noon

**Rohima.Rahman@**  
**newham.gov.uk**



## GREEN STREET WEST WARD SURGERY TIMES



Saturdays, 10-11am

*Green Street Library,*  
Green St, E13.

**Hanif.Abdulmuhit@**  
**newham.gov.uk**

**Idris.Ibrahim@**  
**newham.gov.uk**

**Tahmina.Rahman@**  
**newham.gov.uk**



## LITTLE ILFORD WARD SURGERY TIMES



Saturdays, 10am-12noon

*Jack Cornwell Centre,*  
Jack Cornwell St, E12.

**Andrew.Baikie@**  
**newham.gov.uk**

**Ken.Clark@newham.gov.uk**

**Farah.Nazeer@**  
**newham.gov.uk**



## MANOR PARK WARD SURGERY TIMES



Saturdays, 10-11.30am

*Manor Park Library,*  
685-693 Romford Rd, E12.

**Jo.Corbett@newham.gov.uk**

**Salim.Patel@newham.gov.uk**

**Amarjit.Singh@**  
**newham.gov.uk**





## PLAISTOW NORTH WARD SURGERY TIMES



Cllr James Beckles  
Labour



Saturdays, 10.30-11.30am  
*Plaistow Library, North St, E13.*

**James.Beckles@newham.gov.uk**  
**Forhad.Hussain@newham.gov.uk**  
**Joy.Laguda@newham.gov.uk**



Cllr Forhad Hussain  
Labour



Cllr Joy Laguda  
Labour

## PLAISTOW SOUTH WARD SURGERY TIMES



Cllr Aileen Alarice  
Labour



2nd and 4th Saturday of the month, 10-11am

**Aileen.Alarice@newham.gov.uk**

3rd and 4th Wednesday of the month, 6-7pm

**Neil.Wilson@newham.gov.uk**  
*Barking Road Community Centre, 627 Barking Rd, E13.*

1st and 3rd Saturday of the month, 10-11am Plaistow Library, North St, E13.

**Ahmed.Noor@newham.gov.uk**



Cllr Ahmed Noor  
Labour



Cllr Neil Wilson  
Labour

## ROYAL DOCKS WARD SURGERY TIMES



Cllr Steve Brayshaw  
Labour



1st and 3rd Thursday of the month, from 7pm  
*Britannia Village Hall, 65 Evelyn Road, E16.*

2nd and 4th Thursday of the month, from 7pm.  
*Royal Docks Learning & Activity Centre, Albert Road, E16.*

**Steve.Brayshaw@newham.gov.uk**  
**Anthony.McAlmont@newham.gov.uk**  
**Patrick.Murphy@newham.gov.uk**



Cllr Anthony McAlmont  
Labour



Cllr Patrick Murphy  
Labour

## STRATFORD AND NEW TOWN WARD SURGERY TIMES



Cllr Richard Crawford  
Labour



Saturdays, 10.30-11.30am

*Stratford Library, The Grove, E15.*

**Richard.Crawford@newham.gov.uk**

**Charlene.McLean@newham.gov.uk**

**Terry.Paul@newham.gov.uk**



Cllr Charlene McLean  
Labour



Cllr Terence Paul  
Labour

## WALL END WARD SURGERY TIMES



Cllr Frances Clarke  
Labour



Saturdays, 10.30-11.30am  
*East Ham Customer Service Centre & Library, Barking Rd, E6.*

**Frances.Clarke@newham.gov.uk**  
**Lester.Hudson@newham.gov.uk**  
**Ted.Sparrowhawk@newham.gov.uk**



Cllr Lester Hudson  
Labour



Cllr Ted Sparrowhawk  
Labour

## WEST HAM WARD SURGERY TIMES



Cllr Freda Bourne  
Labour



*Rokeby Children's Centre, Rokeby St, E15: 1st, 2nd and 3rd Saturday, 10-11am.*

*Vicarage Lane Community Centre, Govier Cl, E15: 2nd and 4th Saturday, 10-11am.*

*Leather Gardens TA, First Floor, Brassett Point, Abbey Rd, E15: 4th Saturday, 10-11am.*

**Freda.Bourne@newham.gov.uk**

**John.Gray@newham.gov.uk**

**John.Whitworth@newham.gov.uk**



Cllr John Gray  
Labour



Cllr John Whitworth  
Labour

# Your council



## At the Annual General Meeting (AGM) of the Council, Mayor Sir Robin Wales announced a new Cabinet and adviser team for Newham Council for the coming term.

The Cabinet considers all policy and budgetary framework documents and reports from scrutiny bodies on scrutiny reviews. The Mayor, in consultation with the Cabinet and mayoral advisers, make most of the key decisions.

### Meet the Cabinet

**Cllr Lester Hudson**, Deputy Mayor and Cabinet Member for Finance, Regeneration and Planning

**Cllr Frances Clarke**, Cabinet Member for Financial Inclusion and Health Promotion

**Cllr Ken Clark**, Cabinet Member for Building Communities and Public Affairs

**Cllr Ellie Robinson**, Cabinet Member for oneSource and Deputy Cabinet Lead for Building Communities

**Cllr Forhad Hussain**, Cabinet Member for Commercial Opportunities, Deputy Cabinet Lead for Building Communities and Community Lead for Plaistow

**Cllr Jo Corbett**, Cabinet Member for Equalities

**Cllr Quintin Peppiatt**, Cabinet Member for Children and Young People (including Children's Safeguarding)

**Cllr Lakmini Shah**, Deputy Cabinet Lead for Children's Safeguarding and Community Lead for East Ham

**Cllr Unmesh Desai**, Cabinet Member for Crime and Anti-Social Behaviour

Councillor **Joy Laguda** was named Chair of Council.

This term, the Mayor will also be supported by a team of mayoral advisers.

### Meet the mayoral advisers

**Cllr Alec Kellaway**, Finance (Deputy)

**Cllr Andrew Baikie**, Housing

**Cllr Ayesha Chowdhury**, Community Lead for Beckton

**Cllr Clive Furness**, Adults and Health

**Cllr David Christie**, Small Business Programme and Local Enterprises

**Cllr Hanif Abdulmuhit**, Community Lead for Green Street

**Cllr Ian Corbett**, Environment and Leisure

**Cllr Idris Ibrahim**, Community Lead for Custom House and Canning Town

**Cllr Joy Laguda**, Adults' Safeguarding

**Cllr Lakmini Shah**, Community Lead for East Ham

**Cllr Masihullah Patel**, Community Lead for Stratford and West Ham

**Cllr Patrick Murphy**, Community Lead for Royal Docks

**Cllr Rohima Rahman**, Community Lead for Forest Gate

**Cllr Richard Crawford**, Resident Experience

**Cllr Salim Patel**, Community Lead for Manor Park

**Cllr Terry Paul**, Skills and Adult Learning

Speaking at the AGM, Sir Robin said: "The people of Newham have put their trust in us for the next four years. We are creating a stronger relationship between politicians and the local people they represent. Building communities through hubs based in neighbourhoods, we'll work with local people to create a resilient community.

**"Working together we will help make our borough a better place for everyone and a fulfil our visions of making Newham a place where people choose to live, work and stay."**

"I am pleased to be able to announce a new Cabinet and wider group of men and women with the experience, vision and drive to deliver our manifesto.

"Working together we will help make our borough a better place for everyone and fulfil our visions of making Newham a place where people choose to live, work and stay."



Newham's Every Child a Musician students perform at the AGM



Sir Robin (centre) with Newham councillors



# London Borough of Newham

## Members' allowances – Publication of allowances paid to members and co-opted members in the 2013/2014 financial year

As part of the legislation that sets out the arrangements for the payment of allowances, details of amounts paid to each member of the council and each co-opted member of a committee must be published within the local authority's area. This notice sets out the relevant information for the 2013/2014 financial year.

During the 2013/2014 financial year, the council operated the following allowance scheme:

**Basic Allowance per councillor:** £10,829 per annum

**Mayor's Allowance:** £81,029 per annum

**Deputy Mayor's Allowance:** £4,000 per annum (pro rata)

Special Responsibility Allowances (in addition to the basic allowance) for posts with different levels of responsibility attached to them:

Special Responsibility Allowances (in addition to any other allowance) for members appointed to represent the council on the following bodies (this allowance to cease if that body establishes a scheme of its own):

Band	SRA £
1A	3,621
1B	5,176
2A	7,762
2B	10,347
3A	14,488
3B	18,624
4A	22,765
4B	26,901
4C	31,042

External body	SRA £
East London Waste Authority	1,035
Association Public Service Excellence	1,035

Annual Allowances for non-elected co-opted/independent members serving on the following:

Committee/Sub-committee/Commission	Annual Allowance £
Overview and Scrutiny Committee	497
Scrutiny Commissions	497
Chair of Standards Advisory Committee	1200
Standards Advisory Committee	800

Childcare/dependants allowance – £7.27 per hour up to 10pm and £9.70 per hour after 10pm irrespective of the number of people cared for.

Travelling Allowances – The reimbursement of actual travel costs incurred whilst undertaking duties outside Newham.

Subsistence Allowances – The reimbursement of actual subsistence costs incurred whilst undertaking duties outside Newham. This allowance is limited to a maximum daily rate of £28.99 for meals and a maximum overnight rate of £116.15 for accommodation.

The council is required to publish details of the payments made to each member of the council and each co-opted member of a committee in respect of the following allowances:

- Basic Allowance
- Special Responsibility Allowance

- Travelling Allowance
- Subsistence Allowance
- Dependants' Carers' Allowance
- Co-optees' Allowance

Details of the amounts paid to each member in the 2013/2014 financial year are set out in two schedules. The amounts shown are before the deduction of tax and National Insurance. Schedule 1 details the payments made to each elected member under the scheme. Schedule 2 details payments made to co-opted members.

*Kim Bromley-Derry*  
Chief Executive  
May 2014

#### **SCHEDULE 1 – Current Members of the Council serving from 1 April 2013 to 31 March 2014**

<b>Initials</b>	<b>Name</b>	<b>Basic Allowance £</b>	<b>Special Responsibility Allowance £</b>	<b>Travelling Allowance £</b>	<b>Subsistence Allowance £</b>	<b>Dependants' Carers' Allowance £</b>
RA	WALES (Mayor)	0	81,029	0	0	0
S	AHMAD	10,734	0	0	0	0
J	ALEXANDER	10,734	5,176	0	0	0
AR	BAIKIE	10,734	31,042	0	0	0
F	BOURNE	10,734	5,176	0	0	0
S	BRAYSHAW	10,734	5,176	0	0	0
PM	BRICKELL	10,734	0	0	0	0
L	CAMERON	10,734	0	0	0	0
NK	CHADHA	10,734	0	0	0	0
AA	CHAUDHARY	10,734	0	0	0	0
A	CHOWDHURY	10,734	5,176	0	0	0
D	CHRISTIE	10,734	5,176	0	0	0
B	COLLIER	10,734	0	0	0	0
MS	COLLIER	10,734	0	0	0	0
IK	CORBETT	10,734	31,042	0	0	0
JH	CORBETT	10,734	0	0	0	0
RJ	CRAWFORD	10,734	31,042	0	0	0
U	DESAI	10,734	31,042	0	0	0
C	FIBERESIMA	10,734	0	0	0	0
CW	FURNESS	10,734	31,042	0	0	0
O	GANGADHARAN	10,734	0	0	0	0
J	GRAY	10,734	3,621	0	0	0
A	GRIFFITHS	10,734	0	0	0	0
PM	HOLLAND	10,734	0	0	0	0
LT	HUDSON	10,734	31,042	0	0	0
F	HUSSAIN	10,734	18,039	0	0	0
KJ	JENKINS	10,734	0	0	0	0
KR	KAZI	10,734	0	0	0	0
A	KELLAWAY	10,734	26,901	0	0	0
JH	LAGUDA	10,734	0	0	0	0
S	MAHMOOD	10,734	0	0	0	0
RN	MANLEY	10,734	14,488	0	0	0
AB	MCALMONT	10,734	14,488	0	0	0
C	MCAULEY	10,734	31,042	0	0	0



**SCHEDULE 1 – Current Members of the Council serving from 1 April 2013 to 31 March 2014 (continued)**

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £
C	MCLEAN	10,734	0	0	0	0
RA	MIRZA	10,734	17,877	0	0	0
P	MURPHY	10,734	0	0	0	0
F	NAZEER	10,734	0	0	0	0
FA	NEKIWALA	10,734	0	0	0	0
M	NICHOLAS	10,734	0	0	0	0
M	PATEL	10,734	0	0	0	0
S	PATEL	10,734	0	0	0	0
T	PAUL	10,734	14,488	0	0	0
G	PEARSON	10,734	0	0	0	0
Q	PEPPIATT	10,734	18,624	0	0	0
R	RAHMAN	10,734	5,176	0	0	0
E	ROBINSON	10,734	22,720	0	0	0
P	SATHIANESAN	10,734	0	0	0	0
PW	SCHAFER	10,734	3,449	0	0	0
K	SCORESBY	10,734	9,362	0	0	0
L	SHAH	10,734	5,176	0	0	0
PJ	SHILLINGFORD	10,734	0	0	0	0
A	SINGH	10,734	10,347	0	0	0
MM	SKYERS	10,734	0	0	0	0
EH	SPARROWHAWK	10,734	22,765	0	0	0
R	TALATI	10,734	0	0	0	0
A	TAYLOR	10,734	0	0	0	0
S	THOMAS	10,734	0	0	0	0
WT	VAUGHAN	10,734	14,488	0	0	0
H	VIRDEE	10,734	0	0	0	0
NJ	WILSON	10,734	14,488	0	0	0

**Notes**

1. All members who are provided with a computer at home to support their work as a councillor and use the computer for personal use are required to make a payment of £60 per year. This contribution is taken from the basic allowance (column 3) before payment of the basic allowance is made.
2. All members are required to pay fees (£35 per annum) to the Data Controller in respect of Data Protection Registration. This contribution is taken from the basic allowance (Column 3) before payment of the basic allowance is paid.
3. The SRA (Column 4) paid to Councillor Hudson included an additional pro rata payment of £4,000 in recognition of being appointed as Deputy Mayor.
4. The SRA (Column 4) paid to Councillor I Corbett and Councillor Crawford included an additional payment permitted under the allowance scheme as the council's representatives on the East London Waste Authority.

**SCHEDULE 2 – Co-opted members serving from 1 April 2013 to 31 March 2014 or part thereof**

Initial	Surname	Basic Pay £
E	Kemp	414
S	Wilson	994
R	Glazzard	800
L	Goddard	800
A	Hussain	800
T	Robinson	800
J	Van Bussel	800

# 2012 inspiration continues in 2014

**Paralympian Ben Quilter recently visited Eastlea Community School in Canning Town to help inspire and reward primary school pupils who had done exceptionally well in projects designed to help support their transition from primary to secondary school.**

Pupils often experience a dip in educational attainment when they move from primary to secondary school. Eastlea School has been working with more than 1,500 pupils from 18 Newham primary schools on projects designed to help each child achieve their full potential and support their transition to secondary school.

These collaboration projects initially began with PE, but have been expanded to cover the whole curriculum. This year, teachers from Eastlea School visited primary schools to run projects ranging from maths and science to music, dance and Spanish.

Staff at Eastlea say that the projects have helped make the jump from primary to secondary school less disruptive. And pupils seem to agree.

Year 5 pupils from Gainsborough Primary School in West Ham certainly enjoyed the experience. Melissa Arslan said: "The ceremony was a lot of fun and taught me that if you give your all you will get positive recognition." Harrison

Allen said: "I feel more confident going to secondary school because at the awards the Eastlea students supported me and said well done for winning my award!"

Two hundred and fifty four primary school students who had done exceptionally well were invited to a celebration day to receive awards from Ben.

Ben, a Paralympic bronze medallist and double World Champion visually-impaired judo player, was amazed by the talent and potential shown by the children. He said: "I constantly strive to push myself to be the best that I can be, without ever making an excuse or ever backing down from a challenge. As an athlete, I would pride myself on giving every session 100 per cent. Win, lose or draw I'd done my

best and the outcome would take care of itself. I've got a sporting background, but the approaches and the methods to be successful are applicable to all walks of life. This applies whether you want to be a musician or a sportsperson or succeed in studies. It is about getting the best out of yourself and being motivated to get out there and do it."

**If you're a parent who would like to find out more about Eastlea School visit [www.eastlea.newham.sch.uk](http://www.eastlea.newham.sch.uk) or call 020 7540 0400.**

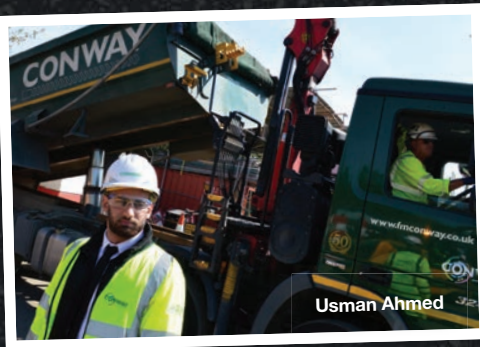


Ben Quilter



# Road to success

**When FM Conway, one of Britain's leading construction contractors, needed to find skilled labourers and operatives in East London they knew just who to call, the council's innovative employment service – Workplace.**



The Workplace team matched the skills required by FM Conway with candidates from their database and organised interviews for the employer. 26 candidates were selected and began work in jobs ranging from labourers and slab layers to drivers and team supervisors.

One of those who found a role was 23-year-old Usman Ahmed, from Manor Park. Usman joined FM Conway as a trainee supervisor having graduated from the University of East London with a degree in construction management. Usman now works on FM Conway's highways maintenance projects in Newham.

Usman said: "Finding a job without several years of construction experience,

was challenging. Newham Workplace helped me find a local job that fit my skills, level of experience and university degree. As a trainee supervisor at FM Conway, I work with senior managers and am also gaining lots of practical, on-the-job experience. FM Conway has put me on a number of training courses which will help me work towards becoming a supervisor and running my own sites."

Michael Conway, CEO of FM Conway, said: "We're delighted to have been able to provide opportunities for residents in Newham. Workplace has been excellent to work with and we look forward to doing more with them in the future."

Workplace helps residents to secure work by providing:

- > **one-to-one employment support**
- > **assistance with job searches**
- > **careers advice**
- > **work experience**
- > **work-related training**
- > **support to compile a CV**
- > **specialist support for those who have been out of work for a year or more.**

Since Workplace began in 2007:

- > **more than 20,000 residents have been helped into work**
- > **35 per cent of job finders were aged under 24**
- > **13,000 residents have received free training**

You can call Workplace on **020 8430 4331** or visit one of their offices:

**The Place,  
2 Silvertown Way, E16**

**Workplace,  
64 Broadway, E15**

## **Register online**

You can register with Workplace online. Visit **[www.newhamworkplace.co.uk](http://www.newhamworkplace.co.uk)** for more information.







Newham in pictures





**1** Mini Games, big competition. Forty-one primary schools take part in the football competition at West Ham United's Boleyn Ground, E13. The tournament was won by Kaizen Primary School, E16. **2** Pupils from Scott Wilkie Primary School, E16, celebrate their Ofsted inspection report. **3** Pupils enjoy a big breakfast at Central Park School, E6. **4** Rachel Cherry's photo of Shapes, a disability-led art gallery, at The Street, Westfield, E20. **5** Newham's Young Mayor Jonathan Bennett gets ready to carry the baton for the Commonwealth Games. **5** Sticking their oars in. Pupils from Chobham Academy, E20, enjoy the delights of the docks at the East London Watersports Centre, E16.



# SCREWFIX

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**CANNING TOWN**  
Canning Town  
Business Park,  
Stephenson Street

**GET THERE  
QUICK!**

Put **E16 4SA** in your Sat Nav

#### Directions:

**From the A13/East:** Head west on the A13/Newham Way. Take the A1011 exit toward Canning Town/Stratford/Royal Docks/City Airport/ExCel. Continue round to the left and merge onto Rathbone St. Continue onto Hallsville Rd. At the T junction, turn right onto A1011/Silvertown Way. Continue straight. At the roundabout take the 2nd exit to continue on A1011. Continue along Manor Rd, keeping Star Lane railway to your left. After 600m, turn left going over the railway onto Stephenson St. Follow the road round to the left. Screwfix Canning Town will be on the right in 100m opposite Star Lane DLR.

**From the A12/North:** Head south on the A12. Take the exit marked Docklands/A13 onto Abbott Rd/B125. Continue to the end of the road. Turn left onto E India Dock Rd/A13. Keep left then take the A1011 exit toward Canning Town. At the traffic light roundabout, take the 1st exit onto Manor Rd/A1011. Continue along Manor Rd, keeping Star Lane railway to your left. After 600m, turn left going over the railway onto Stephenson St. Follow the road round to the left. Screwfix Canning Town will be on the right in 100m opposite Star Lane DLR.







L-R Margaret Minoletti and Jackie O'Sullivan in the reminiscence room at Newham University Hospital

# Getting by with a little help from friends

**One in three of us over the age of 65 will develop dementia. To help improve the lives of people living with dementia, the Alzheimer's Society are encouraging people to become a Dementia Friend.**

People with dementia commonly lose their memory. They also often lose their friends, as most of us don't understand how to deal with the condition. By becoming a Dementia Friend you can learn how to help.

Brian and Christine Rogers have lived in Canning Town for 30 years. Six years ago Christine was diagnosed with dementia. Brian explained: "When we were told, it was a shock. Looking after someone with dementia is stressful. You get physically and mentally exhausted because you put the person you are caring for first and forget about yourself."

The Memory Lane Café in First Avenue, E13, is the Alzheimer's Society's monthly project for people affected by dementia and is open to anyone affected by memory problems.

Thanks to this and Brian's new Dementia

Friend, who sits and chats with Christine for an hour a week, things have improved. Brian said: "That little bit of help really helps. It means that I can do the shopping or just take a break round the café."

Newham University Hospital has a reminiscence room, designed to stimulate the memories of people with dementia. Founder and voluntary service co-ordinator Jackie O'Sullivan, of Newham University Hospital said: "It gives patients a space that is normal to their life. They talk and reminisce about when they were younger."

Dementia care advisor with East London NHS Foundation Trust, Margaret Minoletti explained: "Research tells us that the more familiar the environment the better it is for people with dementia."

"In the early stages of dementia we advocate that people do plenty of

mind fitness. Things like sudoku, puzzles, crosswords, talking, singing and learning languages can all help to slow the progress of dementia."

Jackie said: "Being a Dementia Friend can be hugely rewarding. It's about knowing what you can do. That might just be sitting in the garden and saying: 'Shall we try a bit of weeding? What about a little flower arranging?' It's all sorts of simple tasks. People shouldn't be afraid."

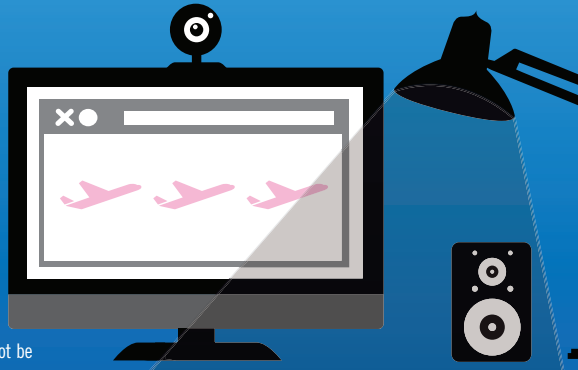
**If you have concerns about your memory or that of a loved one contact your GP. For self-referral to the Memory Lane Café, if you have been diagnosed with dementia, call 020 8472 0658.**

**For more information about how to become a Dementia Friend, visit [www.dementiafriends.org.uk](http://www.dementiafriends.org.uk)**

# SIGN UP TODAY!

For the latest London City Airport community news subscribe to our bi-monthly e-bulletin.

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## Do you have an idea for a New Social Enterprise but need funding to set up?

The Beyond Business Programme, Bromley by Bow Centre are offering start up funding for new or emerging Social Enterprises in Newham.

### What is the Beyond Business Programme?

- Start up funding,
- Strategic and business planning guidance
- Practical business support

### Is my idea for a Social Enterprise eligible?

To be eligible for a start up grant of up to £17,000 your idea for a Social Enterprise must:

- Have a clear social purpose
- Have a sound business proposition and be financially sustainable without reliance on grant funding.

### How will Applicants be assessed?

- Stage 1: Applicants submit an expression of interest form.
- Stage 2: Applicants successful at stage 1 complete a business plan, with support from the Beyond Business team and then present their idea to a Dragons' Den panel.

### Need an expression of interest form?

Please contact: Kim Hayman, Beyond Business  
Telephone: 020 8709 9722  
Email: [kimh@bbbc.org.uk](mailto:kimh@bbbc.org.uk)

The closing date for Submission of Expressions of Interest is 30th June 2014.



to your local recycling centre  
Visit [recycleforyourcommunity.com](http://recycleforyourcommunity.com)  
to find out where



recycle for your community  
Barking & Dagenham | Havering | Newham | Redbridge





# NEIGHBOURHOOD WATCH: CLAMPDOWN ON DIRTY FRONT GARDENS

**If you're fed up of seeing mattresses, bags of rubbish and general junk scattered in front gardens in your neighbourhood tell Newham Council.**

We're clamping down on individuals who treat their front gardens like a dumping ground, but we need your help.

Mattresses, discarded toys, bags of rubbish and other eyesores can make entire streets look dirty, messy and untidy. They attract vermin, insects and pests and could be a fire or health hazard. Tell us where we can find these properties and the council will investigate – and take action. We will send your neighbour a notice telling them to clear the mess within 28 days. If they don't, they could be fined.

Newham's enforcement officers regularly patrol Newham's streets to target messy and dirty front gardens.

Residents using their front garden

as a tip will be given an enforcement notice ordering the waste to be cleared within 28 days. The usually free bulky waste collection service offered to Newham residents will be withdrawn until the waste has been cleared. Failure to comply with the notice will result in a penalty charge notice of £110 being issued.

For residents living in a privately rented property, the enforcement notice and any subsequent fixed penalties will be served on the landlord.

To report any environmental issues in your street download the Love Newham app for your tablet, smart phone or laptop by visiting [www.newham.gov.uk/lovenewham](http://www.newham.gov.uk/lovenewham). You can also call **020 8430 2000**.

## Get rid of waste sensibly

- > **Book a bulky waste collection before you place your items outside. You can request for up to six items to be removed at a time.**
- > **Bookings can be made by visiting [www.newham.gov.uk/bulkywaste](http://www.newham.gov.uk/bulkywaste) where you can also find a list of items eligible for collection. You must have a My Newham account to book online – this is free and only takes minutes to set up. Visit [my.newham.gov.uk](http://my.newham.gov.uk)**
- > **Call **020 8430 2000** to arrange a collection.**
- > **Take your waste to the Reuse and Recycling Centre, Jenkins Lane, Barking, Essex, IG11 OAD. Remember to take your most recent Council Tax statement or your driving licence as proof of identification or you will not be allowed access to the site.**



# 20 DAYS FOR £20

*Try any of Newham's three leisure centres for 20 days for only £20.*

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[www.joinactiveNewham.org.uk](http://www.joinactiveNewham.org.uk)*

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<sup>†</sup>Local charges apply from a BT landline but charges from other networks may vary.

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## Free cycle training

### Learn to cycle with skill and confidence

**If you want to learn to ride a bike or just improve your skills to feel more confident on the road, then there is a cycle training package to suit you.**

Training caters for all, from complete beginners to experienced cyclists

If you do not currently own a bicycle you can normally borrow one from the provider of the training (subject to availability)

**If you are interested in receiving free training please email [cycle.training@newham.gov.uk](mailto:cycle.training@newham.gov.uk) or call 020 3031 6730.**





# Grant funding extended

Applications for Newham Micro-enterprise Project grants have been extended until March 2015, enabling more disabled people and social care providers to set up and develop their small businesses.

Pauline is one of many residents who has benefited from a micro-enterprise grant.

Pauline was employed full-time until she had an episode of mental ill-health. She also has Dercum's disease, a rare and painful condition that affects only 22 people in Britain.

As Pauline struggled to piece her life back together, she heard about the micro-enterprise project and a chance for a new beginning.

With support from a disabled entrepreneur project worker and other business agencies, Pauline has set up a business creating music-themed jewellery. She said: "I call my breakdown my breakthrough, because it pushed me to move forward. Doing this gives me something to focus on."

Pauline successfully applied for a grant of £2,000 which she will use to buy the material and equipment she needs to fully

set up her business. She has recovered from her episode of mental ill-health and is in the process of becoming a sole trader.

Grants from £500 to £2,000 are available for successful applicants. To be eligible to apply you must be:

- **a local disabled entrepreneur or**
- **an entrepreneur offering health and social care services.**

The Newham Micro-enterprise Project will be running seven workshops to help disabled entrepreneurs to start their own business. They take place every

Wednesday from 18 June at St Mark's Community Centre, Tollgate Road, E6.

**Booking is essential.**

The workshops will help customers to create a business plan and determine whether their idea is financially viable, as well as find out more about how to market their business and develop financial projections.

To secure your place at the workshops call Rob Powell on **020 3373 1927**, or email **rob.powell@newham.gov.uk**

To find out more about the Newham Micro-enterprise Project visit **www.newham.gov.uk/microenterprise**

Pauline at work

## WIN: Invictus Games tickets

The Invictus Games, presented by Jaguar Land Rover, is the international sports event launched by Prince Harry that will see 'wounded warriors' compete at venues in Queen Elizabeth Olympic Park from 10 to 14 September.

More than 400 wounded, injured and sick service personnel, serving and veteran, from 14 nations will take part in nine adaptive sports.

We've teamed up with the Invictus Games to offer readers the chance to win a pair of tickets to each of the following events:

**Athletics**, Thursday 11 September, 2-6pm

**Archery**, Friday 12 September, various times

**Indoor rowing**, Saturday 13 September, 10am-1pm

**Wheelchair basketball**, Saturday 13 September, various times

**Powerlifting**, Sunday 14 September, 11am-1pm

For a chance to win, answer this question: **which royal launched the Invictus Games?**

Email your answer, name, address and telephone number to [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

or send it to Newham Dockside, 1000 Dockside Road, London, E16 2QU, by Friday 1 August. Events will be allocated to winners at random.

Tickets cost £12.85 and can be purchased at [www.invictusgames.org](http://www.invictusgames.org)



## Bring on the bake off

Make a connection using cake with the Let Them Eat Cake project, by Plaistow resident Jessica Boatright.

Whether you're a novice baker or a pastry chef, the project, which brings people together through cake, is open to all.

Participants will need to bake one cake a month based on a recipe posted to them and share this with a friend, neighbour or colleague. Photos of the cakes should be sent to organisers, charity Ingeenium, and used to form a collage of cake images and recipes which will be shown at a celebration event at the end of the project.

Deadline for applicants is Monday 30 June. For more information visit [www.ingenium.org.uk/let-them-eat-cake](http://www.ingenium.org.uk/let-them-eat-cake)





# WIN: The Boys are Back in Town

Recapture the magic of the 1960s club scene in one great night at the Boys are Back in Town.

The former Two Puddings Pub in Stratford and Forest Gate's Lotus Ballroom are reuniting on Saturday 28 June to bring you an evening of non-stop dancing at the Old Town Hall, Stratford.

This one-off event features live music from the swinging 60s including: The Falkons, This Group of Mine, Sean Buckley and The Breadcrumbs, Saxons, plus special guests and DJs.

We have eight pairs of tickets to give away. To be in with the chance of winning a pair email your name, age, address and telephone number to

**[newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)** or send it to Newham Dockside, 1000 Dockside Road, London, E16 2QU by Wednesday 25 June. Mark your entry 'boys'. You must be aged over 16 to enter.

Advance tickets cost £20 and are available from **[kennyjohnson2p.wix.com/theboysarebackintown](http://kennyjohnson2p.wix.com/theboysarebackintown)**



## An enterprising opportunity

Could you be the next Alan Sugar? If you're aged 14 to 18 and live, work or study in Newham, sign up for the Young Mayor's enterprise campaign.

This summer, teams of young people will be given a budget of £100 and the chance to create and sell their own products or services. Each budding entrepreneur will be invited to attend a two-day workshop where they will learn the skills and qualities needed to be a successful entrepreneur, and also receive advice from experts at HSBC, Canary Wharf.

Young people should preferably apply in groups of five, but can also apply individually. All applicants must be available between Tuesday 5 and Friday 15 August.

Express an interest by emailing

**[Aisha.Clar@newham.gov.uk](mailto:Aisha.Clar@newham.gov.uk)**

Follow the Young Mayor on Twitter **[@ym\\_newham](https://twitter.com/ym_newham)**

# Win: A family ticket to Rastamouse

Da Rastmouse Rocksteady Reggae School is coming to Stratford Circus on Saturday 28 June. You could win tickets to this musical extravaganza celebrating rhythm, reading and storytelling.

Rastamouse, Scratchy and Zoomer will join co-creator Michael De Souza as he presents a series of cool Rastamouse adventures.

Prepare to 'bust some moves' as Da Easy Crew take centre stage with some 'boombastic' Mouseland tunes. Alongside all the fun and games, experts from The Rocksteady Reggae School will be hosting a series of interactive workshops to inspire music-making and performance.

To be in with a chance of winning one of two family tickets, which admits two adults and two children, email your name and address to **[newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)** by Tuesday 24 June or send it to Newham Dockside, 1000 Dockside Road, London, E16 2QU, marking your entry 'Rastamouse'. This show is suitable for ages two and up.

Tickets start from £10. Visit **[www.stratford-circus.com](http://www.stratford-circus.com)** to book.



THEATRE ROYAL STRATFORD EAST  
and TEAM ANGELICA present

# ANGELIC TALES

## NEW WRITING FESTIVAL

### SEASON FIVE

020 8534 0310

PHOTOS: PHIL CURRIE-HILL AND RICHARD LILLES  
DESIGN: NICKOULIN.COM



## NEW VOICES



## 5 NEW PLAYS

**WILD NIGHTS! WILD NIGHTS!** by Ben Fensome

**ACCEPTABLE DAMAGE** by Fiona Whitelaw

**SUNDAY** by Joy Gharoro-Akpojotor

**SWEATIN' IT OUT** by Aaron Gordon

**JAMAICA BOY** by Stephen Hoo

**TEAM ANGELICA**

Suitable for age 15+

Book for  
2 shows  
& get the  
3rd free!

**TELL US WHAT YOU THINK!**  
Stay for our post-show conversations and  
give us your views. Previous Angelic Tales  
have been developed for our stage; who  
knows where this season might lead...

MON 16 - SAT 21 JUN 2014

TICKETS £8 / £5 (concs)

**STRATFORD EAST**  
THEATRE ROYAL  
STRATFORD EAST  
GERRY RAFFLES SQ, E15 1BN



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# G COMPANY 7 RIFLES

## MEET THE ARMY RESERVES

### OPEN EVENING 15 JUL 7.30-9PM



UP FOR A CHALLENGE, TEAM PLAYER, AGED 18-43,  
WANT TO EARN MONEY IN YOUR SPARE TIME?

FIND OUT WHAT IT TAKES TO JOIN AN ARMY RESERVE  
INFANTRY COMPANY - BRING A FRIEND ALONG TOO!



ARMY RESERVE CENTRE  
THE CEDARS, PORTWAY  
WEST HAM  
E15 3QN

7RIFLES-ROSO@MOD.UK

07771 722133





# LETTING FACTS SPEAK FOR THEMSELVES

**An unscrupulous Newham letting agent has narrowly avoided prison after he was taken to court by Newham Council for threatening and intimidating a family living in one of the properties he managed.**

Callous lettings agent, Sajaid Shaukat from Bow, was found guilty of causing an illegal eviction after waging a war of intimidation against a young family with an 18-month-old child. The family, who lived in a flat in Green Street, Upton Park, managed by Shaukat, received threatening texts and were forced to quit their home after he arranged for the gas and electricity to be disconnected.

Inner London Crown Court gave Shaukat a five-month suspended prison sentence on condition that he completes 120 hours community service, and must pay £1,000 towards costs. The tenant received £7,000 damages from the landlord.

Following the council's private property licensing scheme, launched in 2013, the quality of housing in the private rented sector is improving. By introducing the scheme, the council has more powers to deal with problem properties and

prosecute criminal landlords.

Councillor Andrew Baikie, mayoral advisor for housing, said: "More than 94 per cent of landlords in Newham have licensed their properties, driving up standards of rented property in the borough. Now the attention is turning to a largely unregulated lettings industry, particularly those who prey on vulnerable tenants.

"Where we can intervene and help we will. After being contacted by a resident whose agent refused to pay back her deposit, with no good reason, trading standards intervened and the deposit was returned in full."

The council's trading standards team has visited every known letting agent in Newham ensuring basic standards, such as displaying all their fees, using an approved tenancy deposit scheme and stipulating maximum occupancy level, are being met. Staggeringly, two out of three agents were non-compliant.

After issuing formal non-compliance notices, a large proportion of these agents have changed their practices.

## LET'S BE CLEAR

**Tips when looking for a letting agent:**

- > **make sure that they are part of a professional body such as The Property Ombudsman (TPOS) or Association of Residential Letting Agents (ARLA)**
- > **find out their total fees up front**
- > **don't pay anything until they have found an acceptable property for you.**

**For more advice visit**

**[www.newham.gov.uk/MyHomeinNewham](http://www.newham.gov.uk/MyHomeinNewham)**

**To report a disreputable letting agency in Newham email [trading.standards@newham.gov.uk](mailto:trading.standards@newham.gov.uk) or call 020 3373 9937.**

# Kids' corner



PLEASE SEND YOUR DRAWINGS,  
JOKES AND POEMS TO:  
**KIDS' CORNER, WEST WING**  
**4TH FLOOR, NEWHAM DOCKSIDE**  
**1000 DOCKSIDE ROAD, LONDON E16 2QU**  
OR EMAIL THEM TO  
**[newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)**

Don't forget to write your name, age, address and daytime  
contact telephone number on the back of your entry

## GALLERY



Jonathan Wong, 3



Lily Graham, 7



Monisha Mahendrarajah, 5



M Lakshan, 8



## Win free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit [www.picturehouses.co.uk](http://www.picturehouses.co.uk) to see what's on.



Stratford Picturehouse, Theatre Square, E15

## Jokes

Why is the maths book always depressed?

**Because it has many problems**

Why do music teachers need ladders?

**To reach the high notes**

Why did the boy run into school 20 minutes late?

**Because he was told not to walk into school 20 minutes late.**

**Rabir Hussain, 11**

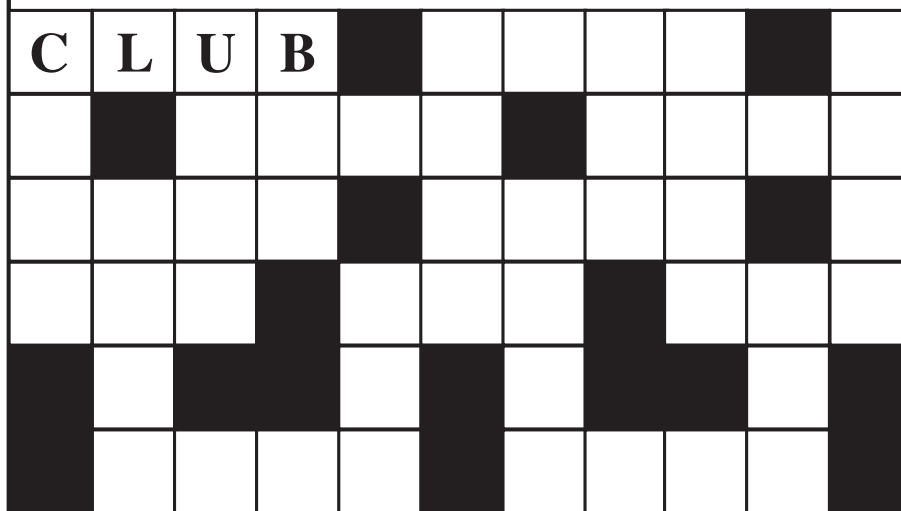
## Colour-me-in Wordfit

3 letters

BED  
EAT  
ELM  
EYE  
LAW  
SKI  
SLY

4 letters

AVID  
BROW  
CAVE  
DENY  
KIDS  
KITE  
NEAR  
OATS  
SWIM  
TRAY  
TUSK  
UNIT  
VERB  
VOID



# Look after your health during Ramadan

**This summer, thousands of Muslims in Newham will be fasting for Ramadan. Newham Council and the NHS are advising residents to take care of their health and seek advice on how to manage their medication if fasting.**

Some health risks are associated with fasting, especially for women who are pregnant and people with a health condition such as diabetes, high blood pressure or any condition that requires regular medication. In these cases fasting could cause complications.

Newham GP, Dr Shahzada Khan, advises: "The Qur'an is clear that people who have a medical condition that makes fasting damaging to their health are exempt from fasting.

**"Fasting Muslims that feel unwell or are in pain should visit their GP immediately"**

"People with diabetes can often still fast if their condition is well controlled, but should always seek advice from their GP beforehand. This is especially the case if you are diabetic and are using insulin where the risks during fasting are very high. It is essential that you monitor your blood glucose during Ramadan."

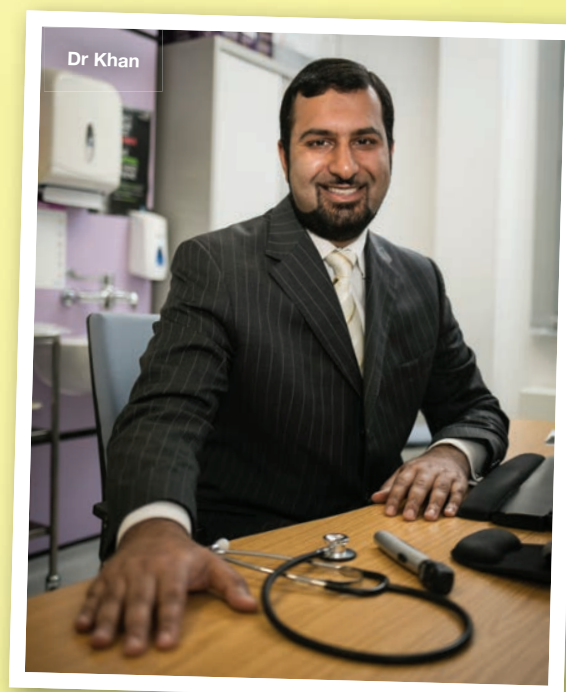
Other ways for everyone to stay

healthy this Ramadan include maintaining a healthy diet.

Dr Khan said: "Fasts can improve a person's health, or worsen it. The deciding factor is not the fast, but what you eat in the non-fasting hours. A balanced diet that has fewer calories than normal, will keep a person healthy. It should be simple and similar to your everyday diet. Avoid high fat or sugar content during the hour immediately after breaking the fast each day. That means limiting fried or sweet food, as well as large portions."

This year Ramadan occurs during summer when days are longer and hotter, so there is an additional risk of dehydration. Anyone fasting should ensure they drink plenty of water before and after fasting to avoid the risk of dehydration.

Dr Khan also advises: "People who are fasting often suffer from headaches or constipation as a result of not drinking enough water. Fasting Muslims that feel unwell or are in pain should visit their GP immediately."



**If you are not registered with a GP you can find your nearest practice by visiting [www.nhs.uk](http://www.nhs.uk)**

**For more information about health and Ramadan visit [www.nhs.uk/Livewell/Healthyramadan](http://www.nhs.uk/Livewell/Healthyramadan)**





# A picture of fostering

**Fostering can be a financially and emotionally rewarding career. Stratford resident and single mum, Julie King, shows that it can also be inspirational.**

Julie grew up in a foster family and was adopted by her foster mother just before her 18th birthday, but fostering wasn't her first choice of career.

Julie explained: "Funnily enough, I didn't actually think about fostering. First of all I wanted to be a midwife. I went to college, but I found the work hard. Then a friend suggested fostering, so I found a number in the *Newham Mag*, rang it and left my details."

The process of becoming a foster carer takes about six months, but Julie says that it wasn't difficult: "I really enjoyed it. It was exciting. You learn things, you talk to other foster carers and it's really nice."

.....  
**"It is challenging, but it is rewarding more than it is challenging"**  
.....

Now Julie fosters children aged six and under. She says: "I love babies. I especially love the idea of nurturing a newborn for however long I have them. But I've also enjoyed having older ones."

Of the 26 children that Julie has cared for some have lived with her for a few weeks, some for a few months and some for a few years.

Her biggest achievement has been with the little girl that she currently fosters. Julie explained: "When she came to me

I knew that there was something wrong with her. She got discharged from hospital three times, but each time I knew there was still something wrong. Eventually they found that she had a potentially fatal condition. She could have died, but has now had an operation and is doing well. Because of my persistence I won an outstanding achievement award at this year's annual foster carer celebration event."

When asked if she would recommend fostering as a career she doesn't

hesitate to answer: "Definitely, because it's such a rewarding thing to do. It is challenging, but it is rewarding more than it is challenging."

Fostering is a career that is open to anyone. You can be from any background, single, divorced or living with your partner, heterosexual, lesbian, gay or bisexual and almost any age as long as you are healthy. You do not have to be a Newham resident to foster a child. For more information call **0800 013 0393** or visit **[www.newhamfostering.co.uk](http://www.newhamfostering.co.uk)**



# WHAT'S ON? CALENDAR

LISTINGS ARE  
CORRECT AT TIME  
OF GOING TO PRESS  
BUT ARE SUBJECT  
TO CHANGE



## Angelic Tales New Writing Festival

**16-21 Jun.** Five bold new plays from some of today's most outstanding new writers. £8 (£5 concs) – buy tickets to two shows and see a third for free. Theatre Royal Stratford East, Theatre Square, E15. 020 8534 0310 [www.stratfordeast.com](http://www.stratfordeast.com)

## Tea Dance (50+yrs)

**Wed 18 Jun**, 1-3pm, £1.50, St Mark's Community Centre, 218 Tollgate Road, E6. 020 7511 1214

## Shortlist 6 exhibition

**From Wed 18 Jun**, 6-9pm, featuring artists shortlisted for the Adam Reynolds Memorial Bursary alongside the work of this year's recipient Aaron McPeake. Shape Gallery, The Street, Westfield Stratford City, E20. [www.shapearts.org.uk](http://www.shapearts.org.uk)

## Forest Gate Festival

**Sat 21 Jun**, 11am-6.30pm, free, a fun day for the whole family featuring: climbing wall, children's activities, face painting, street performers and live music. Osborne Rd, E7

## Pond Opening

**Sat 21 Jun**, 12-3pm, First Avenue Urban Wilderness Community Garden, First Avenue, E13. Launch of wildlife pond by Plaistow Fire Brigade. Jump aboard a fire engine and book a free fire alarm fitting. Call 07949 021 057.

## City of Angels

A clever, fast paced thriller that honours the Hollywood film noir genre of the 1940s. **Fri 20 Jun**, 7.30pm, **Sat 21 Jun**, 2.30pm and 7.30pm, **Sun 22 Jun**, 3.30pm, £10 (£5 concs). Stratford Circus, Theatre Square, E15, 0844 357 2625 [www.stratford-circus.com](http://www.stratford-circus.com)

## The Very Hungry Caterpillar By Eric Carle (3+yrs)

**Sat 21 and Sun 22 Jun**, 12.30 and 2.30pm, adult £5, concs/child £4.50. Discover Children's Story Centre, 383-387 High Street, E15. 020 8536 5555

## Tea Dance

**Mon 23 Jun**, 1.30-4.30pm, £3, Newham Town Hall, Barking Road, East Ham, E6. [www.newham.gov.uk/teadance](http://www.newham.gov.uk/teadance)

## Michael Essien, I want to play as you...

**Tues 24 Jun**, 7.30pm, **Wed 25 Jun**, 2pm and 7.30pm. A play about football and poverty. £12 (£10 concs, £8 student). Stratford Circus, Theatre Square, E15. 0844 357 2625 [www.stratford-circus.com](http://www.stratford-circus.com)



## Forest Gate Women's Institute

**Tues 1 Jul**, 7.15-9.30pm. Local conservation and picnic. First visit free. The Lodge, Forest Lane, E7. 07726 304 989



## The Eastlea Farmers Market and School Fete

**Sat 5 Jul**, 11am-3pm, free. A fete with organic produce, a roller disco, face painting, bouncy castles, a small farm animal enclosure, live dance and music. Eastlea Community School, Pretoria Road, E16

## Tour de France Race Day

**Mon 7 Jul**, adult £5, concs/child £4.50. Watch the cyclists from the first-floor windows, enjoy activities and a special Quentin Blake story. Discover Children's Story Centre, 383-387 High Street, E15. 020 8536 5555

## Football Weekend

**Sat 12 and Sun 13 Jul**, adult £5, concs/child £4.50. Discover celebrates the World Cup. Discover Children's Story Centre, 383-387 High Street, E15. 020 8536 5555

## Grants Surgery

**Thurs 10 Jul**, 4-6pm, Manor Park Library. Guidance on applying for Lets Get the Party Started and Go for It grants.

## Mayor's Newham Show

**Sat 12 and Sun 13 Jul**, 12noon-6pm, free. Two days of free family fun and entertainment at Central Park, High Street South, E6, starting with the superb Newham Carnival on Saturday

## Tea Dance

**Sat 12 Jul**, 3-4pm and **Sun 13 Jul**, 2.30-3.30pm. Cabaret Tent, Mayor's Newham Show, Central Park, E6

## E-Safety

**Mon 14 Jul**, 4-6pm, free. Workshop for parents on protecting your children when they are using the internet. Stratford Library, E15

## Write Ideas Festival

**Mon 14 Jul**, Stratford Library, E15. To register or find out more email [trevor.mbatha@newham.gov.uk](mailto:trevor.mbatha@newham.gov.uk)

## Tea Dance (50+yrs)

**Wed 16 Jul**, 1-3pm, £1.50, St Mark's Community Centre, 218 Tollgate Road, E6. 020 7511 1214

## The National Lottery

**Newham London Anniversary Run**

**Sun 20 Jul**, 10am, Queen



Elizabeth Olympic Park, E20.  
Cheer on the runners.

### **Summer Holidays at Discover**

**Mon 21 Jul to Sun 7 Sept,**  
Free entry for Newham residents from Mon 28 Jul to Wed 13 Aug.

Mon-Fri, 10am-5pm; Sat and Sun, 11am-5pm

**Every day** Stratford-on-Sea (0-6yrs), drop-in activities, all day

**Every day** Sea Shanties with Captain Sam (0-3yrs), 11.30am

**Every day** Garden Games (3-6yrs), 1.30pm

**Week 1** – Mon 21-Sun 27 Jul, 12.30pm and 2.30pm, Octopus's Garden (3-6yrs)

**Week 2** – Mon 28 Jul-Sun 3 Aug, 12.30pm and 2.30pm, Winnie at the Seaside (3-6yrs)

**Week 3** – Mon 4-Sun 10 Aug, 12.30pm and 2.30pm, Tiddler



(3-6yrs)

**Week 4** – Mon 11-Sun 17 Aug, 12.30pm and 2.30pm, Commotion in the Ocean (3-6yrs)

**Week 5** – Mon 18-Sun 24 Aug, 12.30pm and 2.30pm, Elmer and the Whales (3-6yrs)

**Week 6** – Mon 25-Sun 31 Aug, 12.30pm and 2.30pm, Pirates Love Underpants (3-6yrs)

**Week 7** – Mon 1-Sun 7 Sept, 12.30pm and 2.30pm, The Fish Who Could Wish (3-6yrs) adult £5, conchs/child £4.50  
Discover Children's Story Centre, 383-387 High Street, E15. 020 8536 5555

### **Code (13-18yrs)**

Learn about digital technology, coding and design.

**Thurs, 24 Jul-28 Aug,**  
3-5pm, free, Stratford Library



### **Roller Derby**

**Sat 26 Jul,** doors to open 2.30pm. Excitement on wheels with the London Rocking Rollers at Newham Leisure Centre, Prince Regent Lane, E13. Newham Mag reader offer, visit [tinyurl.com/kdljbl9](http://tinyurl.com/kdljbl9) tickets for £10 (Normally £12 advance, £15 on the door) [www.londonrockinrollers.co.uk](http://www.londonrockinrollers.co.uk)

accompanied by an adult.  
Contact library to register.



### **Tea Dance**

World War I 100 year commemoration

**Mon 4 Aug,** £3. Dance lesson 12.30-1.30pm, family tea dance 1.30-4.30pm. Old Town Hall Stratford, Broadway, E15.

### **Write Ideas Festival**

**Mon 11 Aug,** Stratford Library, E15. To register or find out more email [trevor.mbatha@newham.gov.uk](mailto:trevor.mbatha@newham.gov.uk)

### **Stratford Circus Glee Club Summer School (5-11yrs)**

The Glee Club marks the centenary of the First World War.  
**Mon 11 to Fri 15 Aug,**

### **Theatre Summer School (13-18yrs)**

**Mon 28 Jul-Sat 2 Aug,**  
10am-3pm, £40 for the week. Stratford Circus, Theatre Square, E15, 0844 357 2625 [www.stratford-circus.com](http://www.stratford-circus.com)

### **E-Safety**

**Mon 28 Jul,** 4-6pm, free Stratford Library Workshop for parents on protecting your children when they are using the internet.

### **Family Fitness**

Every Mon from **28 Jul-25 Aug,** 11-12noon, Stratford Library, E15  
Low impact exercises for all the family including yoga, Pilates and Zumba. Children must be

1.30pm-4.30pm. £65 for the week. Stratford Circus, Theatre Square, E15, 0844 357 2625 [www.stratford-circus.com](http://www.stratford-circus.com)

### **Youth Theatre Summer School**

**Mon 11 to Fri 15 Aug,**  
8-11yrs, 10am-1pm. 12-15yrs, 2pm-5pm. £50 for the week. Stratford Circus, Theatre Square, E15, 0844 357 2625 [www.stratford-circus.com](http://www.stratford-circus.com)

### **Grants Surgery**

**Thurs 14 Aug,** 4-6pm.  
Guidance on applying for Let's Get the Party Started and Go For It grants. Manor Park Library, E12

### **Under the Stars**

Free, Central Park, High Street South, E6.

**Thurs 14 Aug,** Sister Sledge headline. Doors open 6.30pm  
**Fri 15 Aug,** Malkit Singh, 'King of Bhangra' headlines. Doors open 6.30pm

**Sat 16 Aug,** headlined by The Counterfeit Stones and award winning tribute band U2-2. Doors open 6.30pm

**Sun 17 Aug,** The Royal Philharmonic Orchestra with a spectacular fireworks finale. Doors open 6.30pm

### **Tea Dance (50+yrs)**

**Wed 20 Aug,** 1-3pm, £1.50, St Mark's Community Centre, 218 Tollgate Road, E6. 020 7511 1214

**All information correct at time of going to print, but may be subject to change.**



Under the Stars

# WHAT'S ON?

FIVE PAGES OF ACTIVITIES **MOSTLY FREE, ALL FUN**

## OUR THRILLING THREE...

1

**Forest Gate Festival** – Saturday 21 June, 11am-6.30pm. A free fun day for the family with climbing wall, children's activities and music. Osborne Road, E7. [www.newham.gov.uk/forestgatefestival](http://www.newham.gov.uk/forestgatefestival)

2

**Research Conference** – Wednesday 25 June, celebration of University of East London (UEL) research, with presentations on: pop culture, narrative research, urban technology, and lifestyle. UEL SportsDock, E16. [www.uel.ac.uk/researchconference](http://www.uel.ac.uk/researchconference)

3

**Great British Carnival** – Sunday 27 July, 12noon-9.30pm. A dance and music celebration marking two years since the 2012 Games. Queen Elizabeth Olympic Park, E20. [www.QEOP.co.uk](http://www.QEOP.co.uk)

## MENTION THE MAG...

Get a taste of the high life at the ArcelorMittal Orbit in Queen Elizabeth Olympic Park, Stratford.

At 114.5m, the sculpture is the largest in the UK, offering stunning views as far as 20 miles across London.

Newham residents get £2 off the adult ticket price of £15 and until 27 July, can take kids aged under 16 for free.

You must take this copy of the Newham Mag when purchasing your ticket and show proof of address. This discount is not valid in conjunction with any other offer.

The ArcelorMittal Orbit is open from 10am-6pm daily. For more information call **0333 800 8099** or visit [www.arcelormittalorbit.com](http://www.arcelormittalorbit.com)



## TRY SOMETHING NEW... SWAP TIL YOU DROP

Why shop when you can swap? Bring your old clothing, books, shoes and accessories to the next SwapAholicsUK event and walk away with something different.

The national project is the brainchild of strapped for cash University of East London student Diane Lefino, who wanted to update her wardrobe but couldn't afford a shopping trip. SwapAholicsUK gives people the chance to update their wardrobe without spending a penny.

The next SwapAholicsUK event takes place on

**Saturday 28 June, from 1-4pm at Coffee7, 10**

**Sebert Road, E7.** Bring your old clothing, books, shoes and accessories.

To find out more call

**0752 7437 375** or email [swapaholicuk@gmail.com](mailto:swapaholicuk@gmail.com)



### **Indicates free sessions**

#### ARTS AND ENTERTAINMENT

#### **Comedy Night**

Mon, 8pm, Theatre Royal, Gerry Raffles Sq, E15. Visit [www.stratfordeast.com/comedy-night](http://www.stratfordeast.com/comedy-night)

#### UNDER-FIVES LIBRARY ACTIVITIES

#### **Storytelling (under 5s)**

Mon, 10.30-11.30am, Custom House  
Mon, 11am-12noon, Beckton Globe  
Tues, 10.30-11.30am, Canning Town  
Tues, 11am-12noon, The Gate, Stratford  
Thurs, 9.45-10.45am, East Ham  
Thurs, 2-3pm, North Woolwich, Plaistow

Fri, 11am-12noon, Manor Park, Stratford, Green St

#### **Music and Rhyme**

Tues, 10.30-11.30am, Custom House

#### YOUNG PEOPLE'S LIBRARY ACTIVITIES

#### **Games Club (7-16yrs)**

Sony PS3, Xbox360, Nintendo Wii, board games and much more.  
Tues, 4-5.30pm, Custom House  
Thurs, 4-6pm (term time only), Canning Town  
Thurs, 4-5.30pm, Forest Gate

#### **Homework Club (7-14yrs)**

(term time only)  
Mon, 3.30-5.30pm, North Woolwich  
Mon, 4-6pm, Stratford  
Wed, 3.30-5.30pm, Green St, Manor Park  
Thurs, 4-6pm, Custom House,



## Plaistow

Fri, 3.30-5.30pm, Beckton,  
Canning Town  
Fri, 4.30pm, East Ham  
Sat, 10am-12noon, The Gate

## Board Games Club (7-13yrs)

Play chess, Checkers, Ludo, Pictionary and many more free activities.

Thurs (term time only),  
4.30-6pm, North Woolwich  
Thurs and Fri, 4-5pm, Stratford

## Young People's Book Club (7-13yrs)

Come and talk about your favourite books.

Tues (term time only),  
3.30-4.30pm, North Woolwich

## Time-2-Craft

Take part in handicrafts.  
Sat, 10am-12noon, Stratford

## Creation Station (5-12yrs)

Arts and crafts. Wed, 4-5pm,  
Stratford, until 25 June.

## OTHER LIBRARY ACTIVITIES



## Knit & Natter (16+yrs)

Wed, 10am-12noon, Beckton  
Fri, 10am-12noon,  
Canning Town  
Tues, 10.30am-12.30pm,  
Manor Park

## Over-50s Club

Thurs, 10am-12noon,  
Beckton Globe

## Chess Club

Mon, 5.30-7.30pm, East Ham  
Thurs, 5.30-7.30pm, Stratford

## Employability Skills

ESOL class with a focus

on creating a CV and communication skills for work.  
Mon, 12.30-2.30pm, The Gate

## Coffee Mornings

Tues, 11am-12.30pm,  
Custom House  
Thurs, 10-11.30am,  
Canning Town

## Family Arts Club (3-12yrs)

Sat, 12noon-2pm, The Gate

## ESOL Class

Tues, 9.30-11.30am, The Gate.  
English classes, women only

## Do It Online (18+yrs)

Free six or eight week basic computer training. Advance booking required, contact library directly  
Mon, 10am-12noon, Manor Park.  
Tues, 10am-12noon, East Ham  
Wed, 2-4pm, Stratford  
Thurs, 10am-12noon,  
Green Street

## Click4health (65+)

Computer training.  
Thurs 4.30-5.30pm and  
6-7pm, Stratford, until 3 July.

## SNT Drop-In

Come and meet your Safer Neighbourhood Team (SNT)  
Fri, 12noon-1pm, Stratford

## Adult Reading Group

Thurs 19 Jun, 6-7pm, Tales of the Unexpected by Roald Dahl, East Ham  
Thurs 3 July, 6.45-7.45pm, Regeneration by Pat Barker, Plaistow  
Mon 14 July, 6.30-7.30pm, ask library staff for book details, Stratford  
Thurs 17 July, 6-7pm, After the Funeral by Agatha Christie, East Ham  
Thurs 7 Aug, 6.45-7.45pm, A History of the World in 10 1/2 Chapters by Julian Barnes, Plaistow  
Mon 11 Aug, 6.30-7.30pm, ask library staff for book details, Stratford  
Thurs 21 Aug, 6-7pm, ask library staff for book details, East Ham

## MovieMondays@Stratford (18+yrs)

Mon 23 Jun, Mon 14 July,  
Mon 28 July, Mon 11 Aug and  
Mon 25 Aug, 6-8pm, Stratford  
To register or receive a programme email trevor.mbatha@newham.gov.uk

## Writers Group

Thurs 26 Jun, Thurs 31 Jul,  
Thurs 28 Aug, 5.45-7.30pm,  
The Gate  
susan.hamilton7@ntlworld.com

## Stratford London Toastmasters

Public speaking and leadership club. Every 1st and 3rd Monday of the month, 6-8pm. The Hopkins Room, Stratford, E15. £20 one off membership fee payable from July 2014. £60 per year or £30 every 6 months (Newham residents £54 per year or £27 for 6 months)

## COMMUNITY ACTIVITIES



## NCT Newham Groups Bumps and Babies (up to 1yr)

Sat 5 July and Sat 2 Aug, a free home based meet up.  
newhamnct@hotmail.com

## Bumps and Babies (up to 1yr)

A free home-based meet up every Wed, 1-3pm for expectant parents and those with babies. Email newhamnct@hotmail.com

**Netmums Meetups**  
**Bumps and Babies** – Fri in various cafes around Newham. Other meet ups throughout the year for all the family. Join [www.facebook/groups/meetupeastlondon](http://www.facebook/groups/meetupeastlondon), visit [www.netmums.com](http://www.netmums.com) or email [jojostevie@live.com](mailto:jojostevie@live.com)

## Royal Docks Learning & Activity Centre

Tues, Bingo, 10am-12noon, £1  
Parent and Toddler group, £1,  
10am-12noon  
Wed, Coffee Morning, 9.30-11am



Bingo

Job Club, 10am-2pm  
Needlecraft, 10am-12noon, £2  
Employment 1-2-1 support, by appointment  
Thurs, Tai Chi, £2, first session free, 10.30am-12noon  
Line Dancing for 50+, 1-3pm, £1  
Royal Docks Learning & Activity Centre, Albert Rd, E16. Call 020 7476 9922  
Visit [www.rdlac.org.uk](http://www.rdlac.org.uk)

## Guitar Lessons (7+ yrs)

Fri (term time only),  
3.30-5.30pm. The Garden Community Café, 7 Cundy Rd, E16. Call 020 7474 5257

## Table Top Sale

Sell your goods. £5 a table. Last Sat of every month, 9am-2pm, Jack Cornwell Community Centre, E12. Call 020 8553 3459

## Newham LGBT Dinner Club

Thurs 3 July and Thurs 7 Aug, 6-9pm, free, but you pay for your own dinner. The Golden Grove Pub, 146-148 The Grove, E15. Ask the bar staff for the Opening Doors Group. Call 020 7239 0447

## BOXING AND SELF DEFENCE



## Fight For Peace Boxing

Mon to Fri, 4-5pm 10-14yrs  
Mon to Fri, 5-9pm, 14+yrs  
Woodman St, North Woolwich, E16. Call 020 7474 0054

## Punch Out (16+yrs)

Fri, 4-5pm, Katherine Rd Community Centre, 254



Storytelling



Boxing

Katherine Rd, E7.

### Intense Fitness (14+)

Workouts, boxing and wrestling. Fri, 8.30-10pm, £5. The Hartley Centre, E6. Call 07878 253 642

### Boxing (Newham College)

Mon, 5-6pm, East Ham Leisure Centre, E6. Wed, 4-5.30pm, UEL SportsDock.

### West Ham Boys ABC (9+yrs)

Mon, Wed, Fri, 5-6pm  
2 London Rd, E13  
Call 020 8472 3614

### Stratford Judo Club

Competition training, juniors (8-14yrs), Tues and Thurs, 6.30-8pm; seniors (15+ yrs), Tues and Thurs, 8-9.30pm. Beginners, juniors (8-14yrs) Wed, 6.30-7.45pm; seniors (15+ yrs), Wed, 7.45-9.15pm. From £2-£5 per class. Carpenters Docklands Centre, 98 Gibbins Rd, E15. all 07985 601 260 [www.stratfordjudo.com](http://www.stratfordjudo.com)

## HEALTH AND FITNESS



### Janice's Fitness

Mon, 7.15-7.45pm, flatter abs, £3, The Hartley Centre, E6

### Zumba classes

Thurs, 7.30-8.30pm, London Tamil Sangam, 369 High St North, E12, £5. Wed, 7-8pm, Hathaway Community Centre, Hathaway Cres, E12. Call 07720 805 505

### Twisted Pink Street Dance

7-11yrs, Thurs, 6-7pm, St Luke's Church, Tarling Rd, E16. 12+yrs, Fri, 6-7pm, Maryland Studioz, 84 Leytonstone Rd, E15. £3. Call 07961 544 017, visit [www.twistedpink.org.uk](http://www.twistedpink.org.uk)

★ Indicates free sessions

### Zumba

Mon and Thurs, 6.30-7.30pm, £5. Plaistow Community Centre, 63 Queens Rd West, E13. Call 07916 327 541

### Zumba fitness

Wed, 7.15-8pm, £3.50  
Vicarage Lane Community Centre, Govier Cl, E15.  
Call 07759 020 955

### Zumba with Jessica

Mon, 6.30pm, £2.50  
Asta Community Hub, 14a Camel Rd, E16  
Sat, 9.30am, circuits £4, Community Resource Centre, 200 Chargeable Ln, E13. Call 07884 951 484

### Unity Zumba

Mon and Wed, 8-9pm, Hartley Centre, 267 Barking Rd, E6. Tues, 8-9pm, and Thurs, 8.15-9.15pm, St Mark's Community Centre, 218 Tollgate Rd, E6. Sun, 6.30-7.30pm, Well Community Centre, 49 Vicarage Ln, E6. £5. Call 07886 884 573

## 50+ ACTIVITIES



### Newham Striders

Daily walking group  
Call 0844 414 2728

### Ballroom Dancing

Mon, 10am-12noon, St Paul's Church Centre, Burges Rd, E6. £2.50 per session. Call 07761 209 463

### Nordic Walking

Wed, 9.30am. Meet at Lord Lister Health Centre, E7. Not suitable for wheelchairs, £2. Call 07783 660 429  
Fri, 6.30-8pm. Meet at Newham Leisure Centre, E13  
Sun, 10-11.30am, Meet at East Ham Leisure Centre, E6

### Age UK East London Nordic Walks (18+)

Tues, 9.30-10.45am, meet at Age UK East London Newham Branch, 655 Barking Road, E13. Sun, 10-11am, meet at entrance of the Copper Box, Queen

Elizabeth Olympic Park, E20.  
For more info call 07989 938 242

### Young at Heart

Mon, 12noon-4pm. A weekly social for the over 50s. £1 entry includes light refreshments. Jeyes Community Centre, 1 James Cls, E13

## GREEN



### Garden Club

Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

### Gardening Thymes Gardening Club

Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6

## DOORSTEP CLUBS



Call 0844 414 2728 unless otherwise stated.

### Gym & Basketball (14+yrs)

Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

### Stunt & Tumble (14+yrs)

Thurs, 7.30-9pm, £5, Talent Cheer & Dance, Gallions Reach, Armada Way, E6. Call 07866 612 610

### Athletics Club (14+)

A multi-sport session focusing on athletics, football and the gym. Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394 756.

## FEMALE SPORTS



### Basketball Sessions

Women only, Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

### Dare2Dance (12-16yrs)

Street dance, Fri, 3.30-5.30pm, Newham Leisure Centre, E13

### Girls Group Cycling (11-15 yrs)

Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

### Female Only Gym Sessions

Mon, 3-4pm, 16-25yrs. Mon and Wed, 7.30-10.30pm. Tues and Thurs, 12noon-1.30pm.

Sun, 3-5pm. 11-15yrs. £4.65, Newham Leisure Centre, E13

### Female Boxfit (14+yrs)

Mon, 4.15-5.15pm, Balaam Leisure Centre, E13  
Call 07970 783 526

### Girls Football (11-16yrs)

Tues, 4-5.30pm and Thurs, 5-6pm, Newham Leisure Centre. Fri, 5-7pm, Memorial Park, E15

### Sheila's Yummy Mummy Buggy (16+yrs)

Mon, 10-11.30am, £5, Central Park, High St South, E6 (meet outside cafe in the park) Fri, 10-11.30am, Plashet Park, Plashet Grv, E6. Call 07908 614 958

### Zumba and Tone

Tues, 1-2pm, £1. St Bartholomew's Church Hall, Barking Rd, E6  
Call 07944 775 679

### Ab-Attack

Mon, 7.15-7.45pm, £3 The Hartley Centre, E6. Call 07818 000 643

### Sonia's Circuits (16+yrs)

Tues and Fri, 10-11am, £4, Ridley Christian Centre, 94 Upton Ln, E7. Call 07763 230 106

### Body Blast (16+yrs)

Tues, 6.30-7.15pm, £5, Wed, 12.30-1.15pm, £5, Thurs, 12.30-1.15pm, £5, Fri (miniblast), 6.30-7pm, £2.50. Talent Central, Unit 27a, 3 Armada Way, Gallions Reach Shopping Park, E6. Call 07866 612 610

### Abs Blast (11-15yrs)

Thurs, 5.30-6pm, £3.10, Newham Leisure Centre, E13.

### Women United AFC (11+yrs)

Mon (term time only), 6-7.15pm, £1, Kingsford School, E6. Call 07792 932 979

### Athlefit (14-18yrs)

Athletic fitness, Wed, 5.30-6.30pm, £1. Flanders Community Centre, Napier Rd, E6. Call 07718 394 756



## Keepfit

Wed, 10am, £1, Chandos East Centre, E15. Call 07950 944 095

## Just Play (14+yrs) ★

Wed, 6.30-8pm, multi-sports (term time only). Cumberland School, E13.

Call 0844 414 2728

## Get Back into Netball

Tues, 6-7.30pm, juniors, 7.30-9pm, seniors, £2. Lister Community School, E13. Call 07717 281 529

## Women's Badminton

Fri, 1-2.30pm, East Ham Leisure Centre, E6, £2, equipment provided. Call 07930 162 505

## Keep Fit – Stay Fit

Sat, 10-11am, £3.50. Jack Cornwell Community Centre, E12. Call 07795 064 116

## Ladies Only Keep Fit

Wed, 10am, £1, Chandos East Centre, Chandos Rd, E15. Thurs, 10am, £1.50, Rokeby Centre, Rokeby St, E15.

## Julie's Mums On The Run

Wed, 10-11.30am, £5, or bring a friend and both pay £4 each. Abbey Lane Park, E15. Call 07961 374 772

## So Karate

Self defence carnival workout, Thurs, 1.30-2.30pm, £2, creche available. Beckton Globe, E6

## SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE



## Family Swims ★

Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 07931 788 739  
Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, £5. Call 020 7476 5274

## Swim for Families

**Dealing with Autism** ★  
Wed, 4-5pm, Balaam Leisure Centre, E13. Call 020 7476 5274

## Get Fit for Free ★

Tues, 1.30-3.30pm and Fri, 10am-12noon. Free gym use for people with learning disabilities. Newham Leisure Centre, E13. To book an induction call 020 7511 4477

## Athletics (8-18yrs) ★

Tues, 4.15-6.15pm, Brampton Manor, Roman Rd, E6.  
Thurs, 4.30-5.55pm, St Angela's Ursuline School, E7. Email cnourrice@englandathletics.org

## Ability Club (14-25yrs) ★

Multi sports for disabled young people. Wed, 5.30-6.30pm and Fri, 4.45-6pm, NewVlc, E13.

## Trampolining Sessions (U19yrs) ★

Tues, 4.30-5.30pm, U19yrs, Newham Leisure Centre, E13. Call 020 7511 4477

## Sensory Play (U5yrs) ★

(Term time only) Fri, 10-11.30am, Oliver Thomas Children's Centre, Mathews Ave, E6. Email kathy.holdsworth@oliverthomas.newham.sch.uk or call 020 8821 0997

## RUNNING



## East End Road Runners ★

Tues and Thurs, 7pm  
Sun, 9am. Meet on the track. Coached sessions for all abilities. Newham Leisure Centre, E13. Call 07979 261 647

## Run England £2 unless stated.

Sun, 10am-12noon, Newham Leisure Centre, E13, (meet on track).  
Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track).  
Mon 5.45-6.45pm, Newham Dockside, E16 (meet at reception)  
Tues, 6-7pm, Newham Leisure Centre, E13 (meet on track).  
Wed, 12noon-1pm, Newham Dockside, E16 (meet at reception)  
Thurs, 5.15-6.15pm, UEL ★  
Docklands Campus, E16 (meet at reception)  
Sat, 10-11.30am, East Ham

Central Park, E6 (meet at the café)  
Sat 10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion)  
Sat 10-11.30am, Memorial Park, E15, £4 (meet at car park)  
Call 07718 394 874

## Beckton Park Run ★

Sat, 9am, Beckton Park South, E16. Call 07718 394 756  
www.parkrun.org/beckton

## SPORTS



## Athletics

Newham and Essex Beagles Athletics Club. Mon and Wed, 6-9pm. Foundation Groups (8-10 yrs), Mon, 7-8pm and Wed, 6-7pm, £5. Terence McMillan Stadium, Newham Leisure Centre, E13. For further details visit www.newhamandessexbeagles.co.uk

## Cycling Lessons ★

Beginners, Wed, 10-11.30am. Advanced, Fri, 10am-12noon. Unit 4 Nelson Street Studios, 2 Nelson Street, E16. All equipment provided. Call 020 7055 0808 or visit www.careinmind.org.uk

## BMX (6-16yrs)

Sun, 10am-12noon, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333 615

## Indoor Cricket (8-16yrs)

Wed, 6-8pm, £2, Lister Community School, E13, email paul.farthing@activenewham.org.uk

## Swimming (5-16yrs)

Newham Young Britons ASC  
Sat (term time only) 5.30-7pm. £2, Newham Leisure Centre, E13. Call 07956 304 518

## Woodside Badminton Club

Fri, 7.30-9.30pm, intermediate and club standard. £5 waged/£3 unwaged, Carpenters and Dockland Centre, 98 Gibbins Rd, E15. Call 07956 150 240



Cycling Lessons

## Badminton

Thurs, 7-9pm (term time only). £5 for a court and bring a racquet. Little Ilford School, Browning Rd, E12. Call 07944 117 263

## FOOTBALL



## Mayor's Football League ★

U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13.

## Premier League (16+yrs) ★

6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13.

## WHU Kicks ★

Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6.  
Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12.  
Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15.  
Sat 10.30-12noon, Newham Leisure Centre, E13.

## Football & Multi Sports ★

Mon, 4-5.30pm, Newham Leisure Centre, E13.  
Wed, 5-6pm, Stratford MUGA, West Ham Ln, E15

## Football and Athletics ★

Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16.

## AIR Football (16+yrs) ★

Tues, 1-3pm, Fri, 10am-12noon, Memorial Park, Memorial Ave, E15.  
Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

## Ascension Football

Sat, 10-11.30am, £3. Reception to 11yrs. King



George V Park,  
King George Ave, E16.  
Call 07806 584 925

## BASKETBALL



### NCFE Sports – Basketball

Thurs, 5-7pm, East Ham Leisure Centre. To register email [sports@newham.ac.uk](mailto:sports@newham.ac.uk) or call 020 8257 4255

### Youngbloods Basketball

All sessions cost £1.  
U12yrs, mixed, Sat, 1-3pm, East Ham Leisure Centre, E6.  
U13/14yrs boys, Mon, 6-8pm and Wed, 4.30-6pm, St Angela's School, E7.  
U13/14yrs girls, Mon, 4.30-6pm and Wed, 4.30-6pm, St Angela's School, E7.  
U15/16yrs boys, Tues, 6-8pm, St Angela's School, E7.  
Thurs, 8pm, St Bonaventure's School, E7.  
U17/18yrs boys, Mon and Wed, 8-10pm, St Angela's School, E7. Call 07958 307 657

### Newham All Star Sports Academy (NASSA)

Sessions £1 unless indicated.  
Juniors, Fri, 4-6pm  
Cumberland School, E13.  
National league U13yrs, U14yrs, U16yrs, Tues, 6-8pm, Rokeby School, E16.  
National league U18yrs, Tues, 8-10pm, Rokeby School, E16.  
National league U13yrs, U14yrs, U16yrs, Thurs, 6-8pm, SportsDock.  
National league U18yrs, Tues, 8-10pm, SportsDock.  
Junior boys and girls, Sat, 10.20am-12.20pm, SportsDock, £2.  
Call 07703 503 995.  
[www.nassasports.org.uk](http://www.nassasports.org.uk)

Indicates free sessions

### National League

Mon, 6-8pm, U13/14yrs,  
Tues, 6-8pm, U15/16yrs  
Rokeby School, E16.  
Thurs, 4.30-6pm,  
U13/14yrs boys, U14yrs girls;  
6-8pm, U16yrs, Newham  
Leisure Centre, E13,  
6-8pm, U18yrs, Cumberland  
School, E13

### Senior Programme

Mon, 7.30-9.30pm  
Division 2 women and division  
3/4 men. Rokeby School, E16.  
Call 07947 401 616

### Basketball Sessions

Thurs, 5.30-6.30pm, Little  
Ilford Learning Zone, 1  
Rectory Rd, E12.  
Thurs, 6-8pm (15+ yrs),  
NewVic, E13 Until 1 May

### Basketball & Multi Sports

Fri, 5-6.30pm, 8-19yrs, Snowhill MUGA, Snowhill  
Rd, E12.

## COMMITTEE MEETINGS

All meetings take place at  
Newham Town Hall, Barking  
Rd, E6, unless otherwise  
stated.

### June

**Health and Wellbeing  
Strategic Reference Group**  
– Mon 16 Jun, 6.30pm. Room  
EG.05/06, Newham Dockside,  
1000 Dockside Road, E16  
**Children and Young  
People Trust** – Thurs 19 Jun,  
4.30pm. Room W2.06/07,  
Newham Dockside, 1000  
Dockside Road, E16  
**Local Development  
Committee** – Mon 23 Jun,  
7pm. Council Chamber  
**Employment and  
Enterprise Partnership  
Action Board** – Tues 24 Jun,  
3pm. Committee Room 1  
**Strategic Development  
Committee** – Tues 24 Jun,  
7pm. Council Chamber, Old  
Town Hall, Stratford  
**Mayoral Proceedings**  
Thurs 26 Jun, 5.05pm.  
Council Chamber

**Audit Board** – Mon 30 Jun,  
7pm. Committee Room 1

### July

**Standards Advisory  
Committee** – Wed 9 July,  
6.30pm. Committee Room 2  
**Investment and Accounts  
Committee** – Wed 9 July,  
6.30pm. Committee Room 2  
**Local Development  
Committee** – Mon 14 July,  
7pm. Council Chamber, Old  
Town Hall, Stratford  
**Council** – Mon 14 July, 8pm.  
Council Chamber  
**Strategic Development  
Committee** – Tues 15 July,  
7pm. Council Chamber, Old  
Town Hall, Stratford  
**Cabinet** – Thurs 17 July,  
5pm. Council Chamber  
**Mayoral Proceedings**  
Thurs 17 July, 5.05pm.  
Council Chamber  
**Strategic Development  
Committee** – Thurs 17 July,  
7pm. Council Chamber, Old  
Town Hall, Stratford  
**Audit Board** – Wed 23 July,  
7pm. Committee Room 1

Visit [www.newham.gov.uk/committee](http://www.newham.gov.uk/committee) for updates.

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All listings may be subject  
to change, please contact  
individual events and  
activities before attending.

Hundreds of services  
– one website. Visit  
[www.newham.gov.uk](http://www.newham.gov.uk)

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**020 8430 2000**



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uk/mynewham](http://www.newham.gov.uk/mynewham)

## CONTACT DETAILS

### LIBRARIES

**Beckton Globe**  
1 Kingsford Wy, E6  
**Canning Town** Barking Rd, E16  
**Custom House**  
Prince Regent Ln, E16  
**East Ham** 328 Barking Rd, E6  
**Green Street** 337-341  
Green St, E13  
**The Gate** 6-8 Woodgrange  
Rd, E7  
**Manor Park**  
685-691 Romford Rd, E12  
**North Woolwich**  
5 Pier Parade, E16  
**Plaistow** North St, E13  
**Stratford** 3 The Grove, E15  
**Archives and Local Studies**  
Call 020 3373 6881  
email [archiveslocalstudies@newham.gov.uk](mailto:archiveslocalstudies@newham.gov.uk)

### LEISURE CENTRES

**Balaam Leisure Centre**  
14 Balaam St, E13  
**East Ham Leisure Centre**  
324 Barking Rd, E6  
**Newham Leisure Centre**  
281 Prince Regent Ln, E13  
**NewVic** Prince Regent Ln, E13  
**UEL SportsDock** Docklands  
Campus, University Way, E16

### COMMUNITY CENTRES

**Beckton Community Centre**  
14 Manor Wy, E6. 020 7511 1214  
**Field Community Centre**  
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